

Bon-Go Boots

拍数: 64 墙数: 4 级数: Intermediate
编舞者: JayCee
音乐: The Bongo Song - Safroduo



HEEL & TOE TWICE, LEFT SIDE ROCK, LEFT SAILOR SHUFFLE

1&2& Dig right heel forward, step right back to place, tap left toe behind right heel, step left to place
3&4 Dig right heel forward, step right back to place, tap left toe behind right heel
5-6 Rock left to left side, recover weight on to right
7&8 Cross step left behind right, step right to right side, step left to place

EXTENDED LOCK STEP BACK, LEFT BACK ROCK, TWO STEP TURN RIGHT

9&10& Step back on right, step left in front of right instep, step back on right, step left in front of right
11&12 Step back on right, step left in front of right instep, step back on right
13-14 Rock back onto left, recover weight forward onto right
15 On ball of right make ½ turn right stepping back onto left
16 On ball of left make ½ turn right stepping forward onto right

HEEL & TOE TWICE, RIGHT SIDE ROCK, RIGHT SAILOR SHUFFLE

17&18& Dig left heel forward, step left back to place, tap right toe behind left heel, step left to place
19&20 Dig left heel forward, step left back to place, tap right toe behind left heel
21-22 Rock right to right side, recover weight onto right
23&24 Cross step right behind left, step left to left side, step right to place

EXTENDED LOCK STEP BACK, RIGHT BACK ROCK, TWO STEP TURN LEFT

25&26& Step back on left, step right in front of left instep, step back on left, step right in front of left
27&28 Step back on left, step right in front of left instep, step back on left
29-30 Rock back onto right, recover weight forward onto left
31 On ball of left make ½ turn left stepping back onto right
32 On ball of right make ½ turn left stepping forward onto left

HIP SWAYS, RIGHT SAILOR SHUFFLE, LEFT ROCK BACK

33-34 Step right to right side swaying hips to the right, sway hips to the left
35-36 Sway hips to the right, sway hips to the left
37&38 Cross step right behind left, step left to left side, step right to place
39-40 Rock back onto left, recover weight forward onto right

HIP SWAYS, LEFT SAILOR SHUFFLE, RIGHT ROCK BACK

41-42 Step left to left side swaying hips to the left, sway hips to the right
43-44 Sway hips to the left, sway hips to the right
45&46 Cross step left behind right, step right to right side, step left to place
47-48 Rock back onto right, recover weight forward onto left

CHASSE ¼ TURN RIGHT, ½ TURN RIGHT, KICK, RIGHT COASTER STEP, LEFT SHUFFLE FORWARD

49&50 Step right to right, close left to right, step right making ¼ turn right
51-52 On ball of right make ½ turn right stepping back onto left, kick right foot forward
53&54 Step back right, step left beside right, step forward right
55&56 Step forward left, step right beside left, step forward left

JAZZY JUMPS FORWARD TWICE, FULL PADDLE TURN LEFT

&57 Jump forward stepping right, left with shoulder shimmy for added styling

- 58 Hold with shoulder shimmy
&59 Jump forward stepping right, left with shoulder shimmy
60 Hold with shoulder shimmy
61-64 Touch right toe forward & pivot ¼ turn left, repeating a further three times to make a full turn left

Optional styling: circle hips to make a full circle to the left on each paddle ¼ turn left

REPEAT

TAG

When dancing to "The Bongo Song", after the 4th repetition dance the following 20 count tag (no new steps to master, the following three sections are a repeat of sections 5,6 & part of section 8)

HIP SWAYS, RIGHT SAILOR SHUFFLE, LEFT ROCK BACK

- 1-4 Step right to right side swaying hips to the right, sway to the left, sway right, sway left
5&6 Cross step right behind left, step left to left, step right to place
7-8 Rock back onto left, recover forward onto right

HIP SWAYS, LEFT SAILOR SHUFFLE, RIGHT ROCK BACK

- 9-12 Step left to left side swaying hips to the left, sway to the right, sway left, sway right
13&14 Cross step left behind right, step right to right, step left to place
15-16 Rock back onto right, recover forward onto left

JAZZY JUMPS FORWARD TWICE

- &17-18 Jump forward right, left and hold, all with shoulder shimmies
&19-20 Jump forward right, left and hold, all with shoulder shimmies

When dancing to "The Bongo Song", count 32 from the first base drumbeat at the very beginning of the music.
