

Bollylicious

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jo Conroy (UK)
音乐: Nach Baliye - Bunty Aur Bablie



WALK WALK, ROCKING CHAIR, WALK WALK, ROCK & CROSS

1-2 Walk forward on right, left
3&4& Rock forward on right, recover back on left, rock back on right, recover left
5-6 Walk forward right left
7&8 Rock right to right side, cross right over left

STEP ½ TURN, & CROSS & HEEL ¼ RIGHT CROSS & HEEL, & CROSS & HEEL

1-2 Step left forward, pivot ½ turn right
3&4& Cross left over right, step right back, touch left heel to left side
&5&6 Step on to left, cross right over left, ¼ turn right stepping left to left side, touch right heel to right side
&7&8 Step on to right, cross left over right, touch left heel to left side

ROLLING VINE LEFT, FUNKY HIPS

1-2 Step on to left making ¼ turn left, ¼ turn left stepping back on right
3-4& ½ turn left, rock side left & clap
5-6 Leaving weight on left, roll the hips to the left over 2 counts
7-8 Repeat moves 5-6

Optional arms: bring both hand up to praying hands above your head while doing hips or if you wish body rolls

ROLLING VINE RIGHT, FUNKY HIPS

1-2 Step on right making ¼ turn right, ¼ turn right stepping back on left
3-4& ½ turn right, rock side right & clap
5-6 Leaving weight on right, roll hips to the left over 2 counts
7-8& Roll hips to the left over 2 counts & take weight on to left

Optional arms: bring both hand up to praying hands above your head while doing hips or if you wish body rolls
Restart here on wall 7

CROSS BACK ½ TURN RIGHT SHUFFLE TOUCH & HEEL & TURN TOUCH & HEEL

1-2 Cross right over left, step back on left
3&4 ½ turn shuffle over right stepping right, left, right
5&6 Touch left to left side, ¼ turn left touch right back
&7&8& Bring weight back on to right, touch left heel forward, touch right next to left (facing 12:00)

DIAGONAL RIGHT STEP LOCK STEP LOCK, DIAGONAL LEFT STEP LOCK

1-2 Step right heel to right diagonal, step lock left behind right
3-4 Step right to right diagonal, touch left behind right
5-6 Step left heel to left diagonal, step lock left behind right

Restart here during the 3rd wall, count 5 step left to left side

7-8 Step left heel to left diagonal, touch right behind right

Optional arms: right palm facing up above head, left palm facing down by left hip when going to right diagonal, change for left palm up right facing down when going left

TOUCH & TOUCH & TOUCH FLICK CROSS DIP & BACK LOCK STEP

1&2 Touch right toe to right side, touch left toe to left side
&3-4 Touch right toe to right side, flick right heel
5 Cross right over left, dip both knees (keeping weight on right)

- 6 Scoot back on right keeping left knee hitched behind right knee
7-8 Back left lock step, (traveling backwards towards 7:00) (straighten up on 8 to face 9:00)
stepping left, right, left

CROSS UNWIND ½ TURN LEFT, SIDE RIGHT SHUFFLE, PADDLE TURN HALF TURN RIGHT

- 1-2 Cross right over left unwind ½ left turn over left shoulder
3&4 Cross right shuffle right, left, right
5&6 Touch left toe to left side making a two count ¼ paddle turn right
7-8 Repeat above to complete a ½ turn right (facing 9:00)

REPEAT

RESTART

During wall 3, you will be facing the back. Do a right lock step touch, and on count 5 step to the side on your left. Restart dance from the beginning

During wall seven you will be facing the back. Restart the dance after the first 32 counts

TAG

On 11th wall facing the back complete the first 32 counts and add 4 more counts

1-4 Hip bumps or rolls

Then continue with the dance, stepping side left
