Bolero (Hold Me In Your Arms Again!)



编舞者: Gordon Timms (UK) 音乐: Bolero - Fancy



DO NOT use the extended mix version of the track it's too long at 5:35! Start the dance on the synthesizer-brass instrumental after 32 counts of the heavy beat

TWO WALKS (OR FULL TURN LEFT) KICK BALL POINT, TOE POINT, STEP DOWN, LEFT SHUFFLE

1-2 Walk forward right, walk forward left (or full turn left)

3&4 Low kick right foot forward, replace weight on to right, point left to left side

&5-6 Step down on left next to right, point right to right side, step down right next to left

7&8 Left shuffle forward, stepping left-right-left (12:00)

ROCK, RECOVER, TRIPLE FULL TURN RIGHT, (OR COASTER STEP) ROCK, RECOVER, ¾ TURN LEFT

1-2 Rock forward on the right, recover on to the left

3&4 Execute a full turn over the right shoulder with a triple step

Or coaster step right-left-right

5-6 Rock forward on the left, recover on to the right

7&8 Execute a ¾ turn over the left shoulder, stepping left, right, left (3:00)

STEP, TOUCH, LOW KICK BALL STEP, 1/4 TURNS TWICE, LEFT COASTER STEP

1-2 Step right to right side, touch left toe next to right instep

3&4 Low kick left foot across right, step left to left side, step right next to left

Turning ¼ left, step forward on left, (12:00) turning ¼ left, step right to right side (9:00)

Left coaster step, step left foot back, step right next to left, step left foot forward (9:00)

ROCK, RECOVER, MAKE ¾ TURN RIGHT, ROCK, RECOVER. TRIPLE FULL TURN LEFT, (OR COASTER STEP)

1-2 Rock forward on right, recover on to left
3&4 Make a ¾ turn to right, turning right - left - right
5-6 Rock forward on the left, recover on to right

7&8 Execute a full turn over the left shoulder with a triple step (6:00)

Or coaster step left-right -left

CROSS ROCK, RECOVER, RIGHT SIDE CHASSE & ¼ TURN, STEP, PIVOT ½ TURN RIGHT, LEFT SHUFFLE

1-2 Cross rock right over left, recover on to left

3&4 Moving to the right, execute a right side chasse, turning ¼ right on last step of right-left-right

5-6 Step forward on the left, pivot ½ turn right (weight ends on the right)

7&8 Left forward shuffle. Left-right-left (3:00)

STEP, PIVOT ½ TURN LEFT, RIGHT SHUFFLE, ROCK, RECOVER. BEHIND, SIDE AND CROSS

1-2 Step forward on the right, pivot ½ turn left (weight ends on the left)

3&4 Right forward shuffle. Right-left-right

5-6 Rock forward on the left, recover on to right

7&8 Step left behind right, step right to right side, cross step left over right (9:00)

SIDE ROCK, RECOVER, LOW KICK BALL STEP, ROCK, RECOVER, RIGHT COASTER STEP

1-2 Side rock right out to right side, recover on to left

3&4 Low kick right foot across left, step right to right side, step left next to right

5-6 Rock forward on right, recover on to left

PIVOT TURN ¾ TURN TO THE RIGHT, LEFT SIDE CHASSE, ROCK, RECOVER, LOW KICK BALL CHANGE

1-2 SIED IOLWAIN OH HIE IEH. DIVOLIUHI /4 IUHH HUHI (WEINHI EHUS OH HUI	1-2	Step forward on the left, pivot tur	rn ¾ turn riaht (weiaht	t ends on right)
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3&4 Left side chasse, stepping left-right-left

5-6 Rock back on the right behind left, recover on to left

7&8 Low kick right foot forward, step down on right, step left next to right (6:00)

REPEAT

At the end of walls 2 and 4, do both of the following tags At the end of walls 3 and 5, do only the second tag

TAG

1-2 Step forward on right toe pressure, drop right heel to the floor

Left arm across waist, fingers touching right hip, right arm extended and arced above your head

3-4 Step forward on left toe pressure, drop left heel to the floor (6:00)

Right arm across waist, fingers touching left hip, left arm extended and arced above your head

TAG

ROCK, RECOVER. RIGHT COASTER STEP, ROCK, RECOVER. LEFT COASTER STEP

1-2	Rock forward on right, recover on to left
3&4	Right coaster step, step right foot back, step left next to right, step right foot forward
5-6	Rock forward on the left, recover on to right
7&8	Left coaster step, step left foot back, step right next to left, step left foot forward (6:00)

FINISH

The music fades as the dance faces the 12:00 wall on count 64. Finish on the kick ball change. Walk forward right and then left

This dance was written for Line Dance Instructor and my dear friend, Sally George, Eugene, Oregon, USA