Built For Blue Jeans

级数: Improver straight rhythm

编舞者: KC Douglas (USA)

拍数: 32

音乐: Built For Blue Jeans - Tyler Dean

TOE STRUTS, SIDE ROCK, RECOVER, SLIDE TOGETHER, ¼ TURN LEFT

- 1-2-3-4 Step right toe to side, drop right heel, cross left toe over right, drop left heel
- 5-6 Rock right to side, recover on left
- 7-8 Slide right together, turn 1/4 left and step left forward

BEHIND, FORWARD, BEHIND, FORWARD, BACK, HEEL STAND, STEP, TOUCH TOGETHER

- Lock right behind left, step left forward, lock right behind left, step left forward 1-2-3-4 Option: bend your knees when moving forward. (cowpoke: step, together, step, together, step pushing your hiney back, showing attitude)
- 5-6 Step right back, hold
- Lift toes of both feet on count 6, standing only on heels
- Step left together, touch right together 7-8

OUT, OUT, HIPS 2X, HIPS 2X, ROLL HIPS

- 1-2 Step right to side, step left to side
- 3-4-5-6 Bump hips right, right, left, left
- 7-8 Hold

Roll hips to the left for counts 7-8 (weight to left)

LOW KICK FORWARD, STEP BACK, CROSS, SIDE, LOW KICK FORWARD, STEP BACK, CROSS, SIDE

- 1-2 Kick right forward, step right back
- 3-4 Cross left over right, step right to side
- 5-6 Kick left forward, step left back
- 7-8 Cross right over left, step left to side

REPEAT





墙数:4