

Buggin' Me

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Intermediate cha cha
编舞者: Kash Bane (UK)
音乐: Bug a Boo - Destiny's Child



KICK AND SIDE ROCK (TWICE), ROCK, RECOVER, DOUBLE TIME

1&2& Kick right foot forward, step down on right, rock left foot to left side, recover onto right foot
3&4& Kick left foot forward, step down on left, rock right foot to right side, recover on to left foot
5-6 Rock right foot forward, recover onto left foot
7&8& Rock right foot backwards, recover onto left foot, rock right foot forward, recover onto left foot

¾ TURN, ½ SHUFFLE, ROCK, RECOVER, ½ CHA-CHA

1-2 Make a ½ turn over right shoulder stepping right forward, make a ¼ turn right stepping left to left side
3&4 Make a ½ turn over right shoulder stepping right foot forward, close left foot next to right, step right foot forward
5-6 Rock left foot forward, recover onto right
7&8 Make a ½ turn over left shoulder stepping left, right, left in place

STOMP, LEFT SAILOR, QUICK ROCK, APPLEJACKS, SMALL SIDE HOPS

1 Stomp right foot to right side
2&3 Step left behind right, step right to right side, step left to left side
&4 Rock right to right side, recover onto left foot
&5 On ball of right and heel of left, swivel feet out to left side, return to center
&6 On ball of left and heel of right, swivel feet to right, return to center
&7 On ball of right and heel of left, swivel feet out to left side, return to center
&8 Hop to the right twice with both feet

MODIFIED MAMBO COMBO, COASTER STEP, ½ SHUFFLE

1&2 Rock left foot to left side, recover onto right, step left next to right
&3&4 Rock right to right side, recover on to left foot, step right next to left, stomp left slightly forward
5&6 Step right back, step left next to right, step right foot forward
7&8 Make a ½ turn over left shoulder stepping forward on left, close right next to left, step left forward

REPEAT
