

The Bug

拍数: 30 墙数: 4 级数:
编舞者: Peter Michael Burke
音乐: The Bug - Mary Chapin Carpenter



STOMP RIGHT FORWARD, STOMP LEFT FORWARD:

1-2 Stomp right foot forward, left foot forward.

HEEL, HOOK, HEEL, TOGETHER:

3-6 Right hitch, (touch right heel forward, hook right foot in front of left knee, right heel forward, back in place).

HEEL SPLIT, HITCH LEFT:

7-8 Split heels apart, together.

9 Left hitch.

CHARLESTON KICKS:

10-13 Step forward with left foot, kick right foot, step back with right foot, touch left toe back.

LEFT STEP FORWARD, KICK RIGHT, RIGHT TOGETHER, STOMP LEFT:

14-17 Step forward with left foot, kick right foot, step right foot together with left foot. Stomp left foot next to right foot (put weight on it).

POINT, SWAY, STEP, SWAY:

18-21 Touch right foot to right side, touch right foot behind left foot, step to right side with right foot, touch left foot behind right foot.

VINE LEFT WITH ¼ TURN LEFT, HITCH RIGHT KNEE:

22-26 Step left foot to left, step right foot to left behind left step left foot to left and begin a ¼ turn to left, hitch right knee up as you complete the ¼ turn left :

WALK BACK, STOMP RIGHT 2X:

27-30 Step back with right foot, step back with left foot stomp right foot next to left twice.

REPEAT
