拍数： 0
壇数： 4
级数：Intermediate

## 编舞者：George Hall \＆Knox Rhine（USA）

音乐：Never Been Rocked Enough－Delbert McClinton


## Sequence：AB，ADCB，ADCB，ABE

## SECTION A（32 COUNT）

1
2
3
4
5
6
7
8

Point right toe forward
Slide／swing right toe to right side
Slide／swing right toe back
Slide／lock right foot up behind left foot，bend left knee
Point left foot forward
Slide／swing left toe to left side
Slide／swing left toe back
Slide／lock left foot up behind right foot，bend right knee

Touch right heel forward－right
Step back with right foot
Step across in front of right leg with left foot
Step back－right with right foot
Touch left heel forward－left
Step back with left foot
Step across in front of left leg with right foot

Pivot $3 / 4$ turn left on balls of both feet
Touch right toe to right side
Step across in behind left leg with right foot
Pivot $3 / 4$ turn right on balls of both feet

Pull left knee up and in
Pivot 1／8 turn right on ball of right foot and touch left toe to left side Pull left knee up and in
Pivot 1／8 turn right on ball of right foot and touch left toe to left side
Pull left knee up and in
Pivot 1／8 turn right on ball of right foot and touch left toe to left side Pull left knee up and in
Pivot 1／8 turn right on ball of right foot and touch left toe to left side

Pull right knee up and in
Pivot 1／8 turn left on ball of left foot and touch right toe to right side
Pull right knee up and in
Pivot 1／8 turn left on ball of left foot and touch right toe to right side Pull right knee up and in
Pivot 1／8 turn left on ball of left foot and touch right toe to right side Pull right knee up and in
Pivot $1 / 8$ turn left on ball of left foot and point right toe to right side

Step across behind left leg with right foot
Step to left side with left foot
Step across in front of left leg with right foot

## SECTION B (11 COUNT)

1 Step $1 / 4$ turn right with right foot
$7 \quad$ Maintaining wrist contact, roll wrists down and around one full circle, ending with left wrist on top of right wrist and both palms up. / bumping hips to left side
$8 \quad$ Fold arms up with left hand moving to right upper arm and right fingers grip hat brim/ bumping hips to right side
Maintaining grip on hat brim
\& Turn head to right / bumping hips to right side
$9 \quad$ Turn hear to left / bumping hips to left side
\& Turn head to right / bumping hips to right side
10
\& Turn head to right / bumping hips to right side
11 Turn hear to left / bumping hips to left side

## SECTION C (30 COUNTS)

(same as section A less counts 23 \&24)

1
2
3
4
5
6
7
8
$9 \quad$ Touch right heel forward-right

> Point right toe forward

Slide/swing right toe to right side
Slide/swing right toe back
Point left foot forward
Slide/swing left toe to left side
Slide/swing left toe back

Step back with right foot
Step across in front of right leg with left foot
Step back-right with right foot
Touch left heel forward-left
Step back with left foot
Step across in front of left leg with right foot
Pivot $3 / 4$ turn left on balls of both feet

Slide/lock right foot up behind left foot, bend left knee

Slide/lock left foot up behind right foot, bend right knee

Touch right toe to right side
Step across in behind left leg with right foot
Pivot $3 / 4$ turn right on balls of both feet
Pull left knee up and in
Pivot 1/8 turn right on ball of right foot and touch left toe to left side
Pull left knee up and in
Pivot 1/8 turn right on ball of right foot and touch left toe to left side Pull left knee up and in
Pivot 1/8 turn right on ball of right foot and touch left toe to left side Pull left knee up and in
Pivot $1 / 8$ turn right on ball of right foot and touch left toe to left side
Pull right knee up and in
Pivot $1 / 8$ turn left on ball of left foot and touch right toe to right side Pull right knee up and in
Pivot 1/8 turn left on ball of left foot and touch right toe to right side
Step across behind left leg with right foot
Step to left side with left foot
Step across in front of left leg with right foot
Step to left side with left foot
Step across behind left leg with right foot
Step to left side with left foot
Step together with right toe pointed into left instep
Fan right toe to right side
Fan right heel to right side
Fan right toe to right side
Fan right heel to right side
Fan right toe to right side
Fan right heel to right side
Place left foot next to right foot

## SECTION D (6 COUNT)

1

## SECTION E(ENDING)

(you will be leaving the floor during this part)
Start with RIGHT hand grip on hat
Step $1 / 4$ turn right with right foot
Scuff right heel forward
Scoot forward on left foot
Step forward with right foot
Scuff left heel forward
Scoot back on right foot

Touch right toe forward
Pivot $1 / 2$ turn left on ball of left foot
Touch right toe forward
Pivot $1 / 2$ turn left on ball of right foot
Bump hips to left side
Bump hips to right side

Pivot $1 / 2$ turn right on ball of right foot, and step forward with left foot

Step back with left foot, grasp hat with left hand (wait for the 1 beat)

Pivot $1 / 8$ turn left on ball of left foot \& step to right side with right foot/ hip

## Change hat grip to LEFT hand

$7 \quad$ Pivot $1 / 4$ turn right on ball of right foot $\&$ step to left side with left foot/ hip
\& Bumps hips right side
$8 \quad$ Bump hips to left side
Change hat grip to RIGHT hand
$8 \quad$ Pivot $1 / 4$ turn to left on ball of left foot \& step to right side with right foot/ hip
\& Bump hips to left side
10 Bump hips to right side
\& Bump hips to left side
11 Bump hips to right side
\& Bump hips to left side
12 Bump hips to right side
Change hat grip to LEFT hand
13 Pivot $1 / 4$ turn right on ball of right foot \& step to left side with left foot/ hip
\& Bumps hips right side
$14 \quad$ Bump hips to left side
\& Bumps hips right side
$15 \quad$ Bump hips to left side
\& Bumps hips right side
16 Bump hips to left side
Continue pattern of 2 right, 2 left, 4 right, 4 left (steps 5-16) until the end of the music

