

# Buckle Up

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Betty's Takin' Judo - Jeff Carson



## LEFT HEEL GRIND, RIGHT HEEL GRIND, ½ TURN RIGHT, ½ TURN RIGHT

- 1-2      Touch left heel forward with left toes pointing out; moving left toes to center, step down on left foot
- 3-4      Touch right heel forward with right toes pointing out; moving right toes to center, step down on right foot
- 5-6      Step left foot forward; on balls of both feet, pivot ½ turn right to face 6:00; shift weight to right foot
- 7-8      Repeat steps 5,6 to end facing 12:00.

## VINE LEFT, TOUCH, RIGHT SIDE SHUFFLE, ROCK-STEP

- 9-10      Step left foot to left side; step right foot across behind left foot
- 11-12      Step left foot to left side; touch right toe beside left foot
- 13&14      Step right foot to right side; step ball of left foot beside right; step right foot to right side
- 15-16      Rock step left foot back; step forward on right foot.

## VINE LEFT, ¾ TURN LEFT, WALK FORWARD, STOMP

- 17-18      Step left foot to left side; step right foot across behind left foot
- 19-20      Step left foot left into ¼ turn left to face 9:00; spin ½ turn left on ball of left foot, sliding right toe on floor in sweeping motion
- 21-23      Walk forward right, left, right
- 24      Stomp left foot beside right foot.

## JAZZ BOX, TWIST WALK FORWARD

- 25-26      Step right foot across in front of left foot; hold'
- 27-28      Step left foot back; step right foot beside left
- 29-30      Step left foot forward, twisting on ball of right foot to turn body slightly right step right foot forward, twisting on ball of left foot to turn body slightly left
- 31-32      Step left foot forward, twisting on ball of right foot to turn body slightly right step right foot forward, twisting on ball of left foot to turn body slightly left

**REPEAT**

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