

Buckland Shuffle

拍数: 94 墙数: 1 级数: Intermediate
编舞者: Dianne Joseph (AUS)
音乐: Workin' for the Weekend - Ken Mellons



- 1-2 Step forward right, lock left behind right
3-4 Step forward right, lock left behind right knee while tipping hat forward
5-8 Step back left, step right cross front of left, step back left, right together
- 9-10 Stomp left to left, pause while tipping hat to left
11-12 Stomp right to right, pause while tipping hat to right
13-16 Roll left knee out then in, roll right knee out then in
- 17-18 Stomp right across front of left, pause
19&20 Shuffle left-right-left 45 degrees to right
21-24 Repeat last 4 beats
- 25-26 Step forward right, turn ½ turn left
27-28 Stomp right across front of left, pause
29&30 Shuffle left-right-left 45 degrees to right
31-32 Repeat 27-28
- 33-34 Step forward right, turn ¼ turn left
35-36 Stomp right to right, stomp left to left
37&38 Slap front of right hip with right hand, slap front of left hip with left hand, slap front of right hip with right hand (while moving hips right-left-right)
39-46 Repeat last four beats twice more
- 47-50 Right buckwheat (step onto right heel 45 degrees forward, step onto left heel 45 degrees forward, step right to original position, step left to original position)
51-54 Touch right toe forward 45 degrees, touch right heel in same position, kick right forward 45 degrees, right together
55-58 Left buckwheat
59-62 Touch left toe forward 45 degrees, touch left heel in same position, kick left forward 45 degrees, left together
- 63&64 Scuff right front, drag toe along right side, step right behind left
65&66 Scuff left front, drag toe along left side, step left behind right
67-68 Turn ½ turn left, clap (use solid stepping for this sequence)
- 69-72 Right buckwheat
73-76 Touch right toe forward 45 degrees, touch right heel in same position, kick right forward 45 degrees, right together
77-80 Left buckwheat
81-84 Touch left toe forward 45 degrees, touch left heel in same position kick left forward 45 degrees, left together
- 85-86 Tap right heel front, touch right toe same position (heel turned out to right)
87-94 Repeat 85-86 four more times while turning ¾ turn left

REPEAT

