

拍数: 36      墙数: 4      级数: Beginner  
编舞者: T. S. Wranglers (USA)  
音乐: Cold Outside - Big House



---

## PENGUIN WALKS (THE FIRST EIGHT COUNTS ARE DONE WALKING FORWARD.)

- 1-2      Place left foot forward with left heel pointing inward and step forward.  
2-4      Place right foot forward with right heel pointing in and step forward.  
5-8      Repeat steps 1-4.

## ROCK LEFT, BACK RIGHT, CHA-CHA LEFT

- 9-10      Step forward with left foot, rock back on right foot.  
11-12      Cha-cha in place left-right-left.

## BACK RIGHT, ROCK LEFT, CHA-CHA RIGHT

- 13-14      Step back on right foot, rock forward on left foot.  
15-16      Cha-cha in place right-left-right.

## STEP LEFT, ½ RIGHT, BUMP LEFT TWICE

- 17-18      Step forward with left foot, pivot ½ turn to right.  
19-20      With left leg still back, bump to left twice.

## SKI JUMPS (PRETEND YOU HAVE SKI'S.)

- 21      Jump to 11 o'clock with feet and hands together.  
22      Jump to 2 o'clock with feet and hands together.  
23-24      Repeat steps 21-22.

## SHIVERS

- 25-28      Fold over arms and shiver (shoulder shimmy) four times.

## SLIPPERY ICE

- 29      Brush right foot forward.  
30      Step home with right foot while pivoting on the ball of the left foot ¼ turn to the left.  
31      Brush left foot forward.  
32      Bring left foot home.

## KNEE KNOCKS

- 33-36      Knock you knees together four times. (on last count shift your weight to the right foot.)

## REPEAT

---