

Brown Gravy Boogie

COPPERKNOB
STEPPERS

拍数: 40 墙数: 4 级数:
编舞者: Scott Blevins (USA)
音乐: Good Brown Gravy - Joe Diffie



SHUFFLE LEFT, CROSS, ROCK

1&2 Shuffle left on left, right, left
3 Step/cross right foot behind left foot
4 Rock forward on left foot

SHUFFLE RIGHT, CROSS, ROCK

5&6 Shuffle right on right, left, right
7 Step/cross left foot behind right foot
8 Rock forward on right foot

SHUFFLE LEFT, STOMP, CLAP

9 Shuffle left on left, right, left
11 Stomp right foot beside left foot
12 Clap hands

SWEEPING ½ PIVOT, STEP, CLAP

13 Touch right toe out to right side, extend right arm out to right side, right palm open
14 Sweep pivot right ½ turn on left foot (slide right foot on floor as you pivot)
15 Step right foot beside left foot
16 Clap hands

SLIDE BACK FOUR

NOTE: During the next four steps your knees should be slightly bent & your upper body bent slightly forward from the waist... as though your derriere was pulling you back.

17 Slide back on left foot, moving hips right and straightening right knee
18 Slide back on right foot, moving hips left and straightening left knee
19 Slide back on left foot, moving hips right and straightening right knee
20 Slide back on right foot, moving hips left and straightening left knee

SWING KICK, STEP, SWING KICK, STEP

NOTE: During next four steps your knees should remain slightly bent & your upper body remain bent slightly forward from waist... On swing kicks, swing leg forward until knee is straight with Foot 10"-14" off floor at end of kick.

21 Swing kick left leg forward
22 Step left foot beside right foot bending left knee slightly
23 Swing kick right leg forward
24 Step right foot beside left foot bending right knee slightly

HEEL SWIVELS, SWING KICK, CROSS

NOTE: During the next four steps your knees should remain slightly bent.

25 Swivel both heels to left side
26 Swivel both heels back to center
27 Swing kick left leg forward diagonally left
28 Cross left ankle over right ankle

SHUFFLE LEFT WITH ¼ TURN, STEP, PIVOT ½

29&30 Shuffle left on left, right, left turning ¼ left

- 31 Step forward on right foot
- 32 Pivot left ½

SLIDE FORWARD THREE, TOUCH

- 33 Slide right foot forward moving hips left
- 34 Slide left foot forward moving hips right
- 35 Slide right foot forward moving hips left
- 36 Touch left foot beside right foot moving hips right

STOMP, SCUFF, STOMP, SCUFF

- 37 Stomp left foot beside right foot
- 38 Scuff right heel forward diagonally right
- 39 Stomp right foot beside left foot
- 40 Scuff left heel forward diagonally left

REPEAT
