

Brown Bear Hustle

拍数: 40 墙数: 0 级数:
编舞者: Unknown
音乐: That Rock Won't Roll - Restless Heart



Position: Opposing lines crossing several times before finally switching positions at pattern's end. Individuals in lines, one line facing the opposite line, each person offset (gapped between members of the opposite line), with their crossing 'partner' in the opposing line relatively positioned across from the gap to their immediate left.

SIDE, CROSS, SIDE, HEEL

- 1 Step to left side with left foot
- 2 Cross-step behind left foot with right foot
- 3 Step to left side with left foot
- 4 Touch-tap forward with right heel (weight stays on left foot)

TOE, TOE, POINT, TOGETHER

- 1 Touch-tap slightly behind with right toe
- 2 In place, touch-tap again slightly behind with right toe
- 3 Touch-tap with pointed toe of right foot to right side
- 4 Return right foot beside left foot (weight shifted to right)

POINT, TOGETHER, HEEL, TOE

*(Weight remains on Right foot through this 4-count movement)

- 1 Touch-tap with pointed toe of left foot to left side
- 2 Return left foot beside right foot right tap left toe in place (do not change weight)
- 3 Touch-tap forward with left heel
- 4 Touch-tap slightly behind with left toe

STEP, KICK, STEP, KICK, STEP, KICK

***This is where the crossovers start. The first three step hops (kicks) cross to the opposite side making a $\frac{3}{4}$ turn (total). The second three step hops (kicks) return to the original position making 1 complete turn (total). The next eight counts cross the third time making $\frac{1}{2}$ turn (total). The next four counts move the person closer to the other line (& their crossing 'partner') to finish facing the opposite line (still 'gapped') for the scissors (movement)."

- 1 Step forward with left foot
- 2 Lift right knee upward in a bent-knee kick
- 3 Pivoting $\frac{1}{2}$ turn to left, step backward with right foot
- 4 Lift left knee upward in a bent-knee kick
- 5 Pivoting $\frac{1}{4}$ turn to left, step to left side with left foot
- 6 Lift right knee upward in a bent-knee kick

STEP, KICK, STEP, KICK, STEP, KICK

- 1 Pivoting $\frac{1}{4}$ turn to right, step forward with right foot
- 2 Lift left knee upward in a bent-knee kick
- 3 Pivoting $\frac{1}{2}$ turn to right, step backward with left foot
- 4 Lift right knee upward in a bent-knee kick
- 5 Pivoting $\frac{1}{4}$ turn to right, step to right side with right
- 6 Lift left knee upward in a bent-knee kick

SIDE, CROSS, SIDE, (TURN) KICK

- 1 Step to left side with left foot

- 2 Cross-step behind left foot with right foot
- 3 Step to left side with left foot
- 4 Pivoting $\frac{1}{2}$ turn to left, lift right knee up right around in a bent-knee kick

SIDE, CROSS, SIDE, STOMP (WEIGHTLESS)

- 1 Step to right side with right foot
- 2 Cross-step behind right foot with left foot
- 3 Step to right side with right foot
- 4 Stomp left foot down beside right foot (weight stays on right)

SIDE, CROSS, SIDE (TURN), STOMP

- 1 Step to left side with left foot
- 2 Cross-step behind left foot with right foot
- 3 Step to left side with left foot, pivoting $\frac{1}{4}$ turn to left (to once again face opposite line right crossing 'partner')
- 4 Stomp right foot down (with weight beside left foot (weight shifted to balls of both feet))

HEEL SPLIT, CENTER

- 1 (with balls of feet remaining in place), fan-split heels outward, left heel to left side & right heel to right side
- 2 Return heels to center stance (weighted)

HEEL SPLIT, CENTER

(This is a continuation of the previous 2-count dance movement.)

- 3 Again fan-split heels outward, left heel to left side & right heel to right side
- 4 Return heels to center stance (weighted)

REPEAT
