

Broomstick

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Karen Grave (UK)
音乐: Let's Jump the Broomstick - Brenda Lee



TOE STRUT, TOE STRUT, ROCK RECOVER, TOE TOUCH, HOLD

1-2 Step left toe forward, drop left heel to ground
3-4 Step right toe forward, drop right heel to ground
5-6 Rock left out to left, recover weight to right
7-8 Touch left toe forward, hold see styling footnotes

TWO KNEE POPS, CROSS TOE STRUT, QUARTER TURN TOE STRUT, ROCK FORWARD, RECOVER

1-2 Pop right knee forward, pop left knee forward
3-4 Cross left toe over right foot drop left heel to floor
5-6 Quarter turn right as you right toe strut
7-8 Rock forward on left, recover weight onto right

HALF TURN STEP, HOLD, RIGHT SAMBA, HOLD, SIDE ROCK

&1-2 Turn half turn left on ball of right, step left forward, hold
3-4 Rock right out to side, recover weight to left
5-6 Cross right over left, hold
7-8 Rock left out to side, recover weight to right

STEP BEHIND HOLD, TWO HEEL BOUNCES QUARTER TURN LEFT, SLOW LEFT COASTER, HOLD

1-2 Step left behind right, hold
3-4 Two heel bounces while quarter turning to left
5-8 Step back left, step right beside left, step forward on left, hold

STEP SLIDE, STEP SCUFF STEP FORWARD TAP, STEP BACK DOUBLE HEEL TAP

1-2 Step forward on right, slide left up behind right
3-4 Step forward on right, scuff left forward
5-6 Step forward on left, tap right toe beside left
&7-8& Step right back tapping left heel forward twice

STOMP HOLD, STOMP HOLD, SWIVEL HEELS RIGHT CENTER, RIGHT CENTER, QUARTER TURN LEFT

1-2 Stomp left forward, hold
3-4 Stomp right forward, hold
5-6 Swivel heels to right, then back to center beginning quarter turn to left
7-8 Repeat completing quarter turn left see styling footnotes

SIDE ROCK CROSS HOLD, SWIVEL HEELS RIGHT CENTER, RIGHT CENTER, QUARTER TURN LEFT

1-2 Rock right to side, recover weight to left
3-4 Cross right over left, hold
5-6 Swivel heel to right then back to center beginning quarter turn to left
7-8 Repeat completing quarter turn to left see styling footnotes

SLOW COASTER, HOLD, KNEE POP HOLD, KNEE POP HOLD

1-4 Step back left, step right next to left, step left forward, hold
5-6 Pop right knee forward, hold
7-8 Pop left knee forward, hold

REPEAT

When executing toe struts add style by clicking fingers on both hands

When executing swivels with quarter turns, move hips as in the 60's twist style
