

Bronson's Break

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: Kirsteen Warren (USA)
音乐: Tell Me Ma - Sham Rock



CROSS TAP RIGHT, KICK RIGHT FORWARD, SAILOR STEP

1-2 Tap right toe across left, kick right foot forward & diagonally to right
3&4 Cross right behind left, step left side left, step right next to left

CROSS TAP LEFT, KICK LEFT FORWARD SAILOR STEP

5-6 Tap left toe across right, kick left foot forward & diagonally left
7&8 Cross left behind right, step right side right, step left next to right

RIGHT FORWARD SHUFFLE, CROSS LEFT OVER RIGHT, FULL SPIN RIGHT

9&10 Step right foot forward, step left to right heel, step right foot forward
11-12 Cross left foot over right, spin full turn to right (keep weight on left)

RIGHT FORWARD SHUFFLE, CROSS LEFT OVER RIGHT, FULL SPIN RIGHT

13&14 Step right foot forward, step left to right heel, step right foot forward
15-16 Cross left foot over right, spin full turn to right (keep weight on left)

HEEL SWITCHES & DOUBLE CLAP

17& Tap right heel forward, step right back in place
18& Tap left heel forward, step left back in place
19 Tap right heel forward
&20 Clap hands twice

STEP RIGHT TOE RIGHT/HEEL DOWN CLICK FINGERS, PIVOT ½ TURN

21-22 Step right toe side right, step right heel down & click fingers (head level)
23-24 Pivot ½ turn right on ball or right foot, stepping left foot side left, click fingers
25-26 Pivot ½ turn right on ball of left foot, step right toe side right, step down on right heel & clap hands (weight now on right)

STEP LEFT, CLICK FINGERS, PIVOT ½ LEFT, 2 CLAPS

27-28 Step left toe side left, step down on left foot & click fingers (head level)
29-30 On ball of left, pivot ½ turn left, stepping right foot side right, click fingers
31-32 On ball of right, pivot ½ turn left, stepping down on left foot, clap hands (keep weight on left)

HIP BUMPS FORWARD/BACK, FORWARD, BACK, FORWARD, BACK

33&34 Step small step forward on right, bump hips forward, back, forward
35&36 Bump hips back/forward, back (weight on left)

RIGHT KICK BALL TOUCH, LEFT KICK BALL TOUCH

37&38 Kick right foot forward, step back on ball of right, tap left toe next to right
39&40 Kick left foot forward, step back on ball of left, tap right toe next to left

RIGHT GRAPEVINE ¼ TURN RIGHT, STEP LEFT HEEL NEXT TO RIGHT

41-42 Step right foot side right, cross left behind right
43-44 Step right ¼ turn right, step left heel next & slightly apart from right

APPLEJACKS X4

& Weight on left heel, right toe - swivel left toes left & right heel to left

45 Bring back to center
& Weight on right heel, left toe - swivel right toe & left heel to right
46 Bring back to center
& Weight on left heel, right toe - swivel left toes left & right heel to left
47 Bring back to center
& Weight on right heel, left toe - swivel right toe right & left heel to right
48 Bring back to center

REPEAT
