

Broken Bones

拍数: 64 墙数: 2 级数: Improver
编舞者: Jan Wyllie (AUS)
音乐: Sticks and Stones - Tracy Lawrence



RIGHT TOE STRUT, CROSS/ ROCK, LEFT TOE STRUT, CROSS/ROCK

1-2-3-4 Toe strut right to right side, cross/rock left over right, rock/return weight to right
5-6-7-8 Toe strut left to left side, cross/rock right over left, rock/return weight to left

SHUFFLE RIGHT, ROCK/RETURN, SHUFFLE LEFT WITH ¼ RIGHT, ROCK/RETURN

9&10-11-12 Shuffle to the right (right, left, right,) rock/step left behind right, rock/return weight to right
13&14 Shuffle to the left (left, right, left) making ¼ turn right
15-16 Rock/step back on right, rock forward onto left

ROCK FORWARD RIGHT BACK LEFT, COASTER, 2X ¼ TURN HEEL PIVOTS

17-18-19&20 Rock/step forward on right, rock back on left, step back on right, step left beside right, step forward on right
21-22-23-24 Step forward on left heel and pivot ¼ right transferring weight to right, repeat heel pivot

ROCK FORWARD LEFT BACK RIGHT, COASTER, STRUT RIGHT, LEFT

25-26-27&28 Rock/step forward on left, rock back on right, step back on left, step right beside left, step forward on left
29-30-31-32 Strut forward right, left

STEP RIGHT FORWARD, ¼ PIVOT, SHUFFLE, ROCK LEFT FORWARD RIGHT BACK, STEP LEFT BACK, TOUCH RIGHT

33-34-35&36 Step forward on right, pivot ¼ left transferring weight to left, shuffle forward right, left, right
37-38-39-40 Rock/step forward on left, rock back on right, step back on left, touch right beside left

STEP RIGHT FORWARD, ¼ PIVOT, SHUFFLE, ROCK LEFT FORWARD RIGHT BACK, STEP LEFT BACK, TOUCH RIGHT

41-42-43&44 Step forward on right, pivot ¼ left transferring weight to left, shuffle forward right, left, right
45-46-47-48 Rock/step forward on left, rock back on right, step back on left, touch right beside left

STEP RIGHT FORWARD, ¼ PIVOT, SHUFFLE, ROCK LEFT FORWARD RIGHT BACK, STEP LEFT BACK, TOUCH RIGHT

49-50-51&52 Step forward on right, pivot ¼ left transferring weight to left, shuffle forward right, left, right
53-54-55-56 Rock/step forward on left, rock back on right, step back on left, touch right beside left

STEP RIGHT TO RIGHT, STOMP LEFT, STEP LEFT TO LEFT, STOMP RIGHT, ROCK BACK FORWARD, PIVOT ½ LEFT

57-58 Step right to right, stomp left beside right and clap
59-60 Step left to left, stomp right beside left and clap
61-62 Rock/step back on right, rock forward onto left
63-64 Step forward on right, pivot ½ turn left transferring weight to left

REPEAT