

Broken Arrow

拍数: 32 墙数: 4 级数: Improver
编舞者: Patrick Fleming (USA) & Derek Steele (USA)
音乐: Nobody Wants To Be Lonely - Ricky Martin & Christina Aguilera



Alt. Music: "Am I Wrong" by Nico and Vinz

TOE HEEL TOUCHES

- 1 Step forward touching right toe
- 2 Step down on right heel (weight on right)
- 3 Step forward touching left toe
- 4 Step down on left heel (weight on left)
- 5-8 Repeat steps 1-4

SHUFFLE RIGHT BACK ROCK STEP/STEP HOLD RONDE' ½ TURN LEFT

- 9 Step right foot to the right side
- & Bring left beside right
- 10 Step right foot to right side
- 11 Rock back on the left foot
- 12 Recover weight forward onto the right foot
- 13 Touch left foot to left side
- 14 Hold count
- 15-16 Switch weight to the left foot while swinging the right foot around completing ½ turn to the left weight remaining on the left keeping toe close to the floor

FORWARD TRIPLE RIGHT/LEFT ROCK STEP/BACK LEFT TRIPLE/RIGHT TOE ½ TURN

- 17 Step forward on right
- & Bring left foot up to right putting weight on the left
- 18 Step forward on the right foot
- 19 Rock forward on the left foot
- 20 Recover weight back onto the right foot
- 21 Step back on left foot
- & Cross right foot in front of left putting weight on right
- 22 Step back on left transferring weight back onto left foot
- 23 Touch right toe slight behind left foot
- 24 Unwind to the right ½ transferring weight to the right

LEFT SIDE MAMBO/SKATE RIGHT-LEFT-RIGHT ¼ TURN/STEP RIGHT HALF TURN

- 25 Step left foot to the left side rocking onto left
- & Recover weight onto right foot
- 26 Transfer weight to the left foot stepping beside right
- 27 Swivel body to the right
- 28 Swivel body to the left
- 29 Swivel body back to the right
- 30 Swivel body back to the left completing a ¼ turn to the left weight on left
- 31 Step forward on the right foot
- 32 Pivot ½ turn to the left weight transfers to the left

REPEAT