

# Bring Me Down

**COPPER** **NOB**  
STEPSHEETS

拍数: 40      墙数: 4      级数: Beginner  
编舞者: Al Carrasco (USA)  
音乐: Here Comes the Rain - The Mavericks



## TOE, HEEL, HEEL, HITCH, RIGHT SHUFFLE, ½ TURN RIGHT

1            Touch right toe to left instep  
2            Touch right heel to left instep  
3            Touch right heel in front of left  
4            Hitch right across left  
5&6        Shuffle forward right, left, right  
7-8        Step left forward, pivot ½ turn right

## TOE, HEEL, HEEL, HITCH, LEFT SHUFFLE, ½ TURN LEFT

1            Touch left toe to right instep  
2            Touch left heel to right instep  
3            Touch left heel in front of right  
4            Hitch left across right  
5&6        Shuffle forward left, right, left  
7-8        Step right forward, pivot ½ turn left

## FORWARD SHUFFLES

1&2        Shuffle forward right, left, right  
3&4        Shuffle forward left, right, left  
5&6        Repeat 1&2  
7&8        Repeat 3&4

## SIDE TOUCHES, BACK STEPS

1-2        Touch right to right, step right back  
3-4        Touch left to left, step left back  
5-6        Repeat 1-2  
7-8        Repeat 3-4

## LEFT ¼ TURNS, JAZZ BOX ¼ TURN RIGHT

1-2        Step right forward, pivot ¼ turn left  
3-4        Repeat 1-2  
5-8        Step right front of left, step left in place pivoting ¼ turn right, right to right, left together

## REPEAT

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