

Bring Me Down

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lisa LeMier
音乐: All You Ever Do Is Bring Me Down - The Mavericks



SHUFFLE, WALK, WALK, SHUFFLE, WALK, WALK

1&2 Shuffle forward stepping on right, left, right
3-4 Walk forward stepping on left, right
5&6 Shuffle forward stepping on left, right, left
7-8 Walk forward stepping on right, left

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP

9&10 Shuffle to right side stepping on right, left, right
11-12 Rock back on left foot; rock forward on right foot
13&14 Shuffle to left side stepping on left, right, left
15-16 Rock back on right foot; rock forward on left foot

SLOW WALK BACK

17-18 Step right foot back; touch left foot next to right and clap hands
19-20 Step left foot back; touch right foot next to left and clap hands
21-22 Step right foot back; touch left foot next to right and clap hands
23-24 Step left foot back; touch right foot next to left and clap hands

STEP, ¼ TURN, STEP, ¼ TURN, STOMP, CLAP 3X

25-26 Step right foot forward; make ¼ turn left (weight to left foot)
27-28 Step right foot forward; make ¼ turn left (weight to left foot)
29 Stomp right foot next to left (weight stays on left foot)
30-32 Hold and clap hands three times

REPEAT

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