Bright Lights

拍数: 64

级数: Improver

编舞者: Liz Collett (AUS)

音乐: Lights On The Hill - Slim Dusty & Keith Urban

OFF TO SEE THE WIZARD, ¼ TURN, ¼ TURN

- 1-2& Step right foot diagonally forward, lock left behind right, step right foot slightly side
- 3-4& Step left foot diagonally forward, lock right behind left, step left foot slightly side
- 5-8 Step right foot forward, turn ¼ turn left (weight to left), step right foot forward right, turn ¼ turn left (weight to left)

LINDY BASIC

- 1&2 Side shuffle stepping right, left, right
- 3-4 Rock left foot back, recover onto right
- 5&6 Side shuffle stepping left, right, left
- Rock right foot back, recover onto left 7-8

TWO ¼ MONTEREY TURNS

- 1-4 Touch right toe to side, turn ¼ right and step right beside left, touch left toe to side, step left beside right
- 5-8 Touch right toe to side, turn 1/4 right and step right beside left, touch left toe to side, step left beside right

TOE STRUTS BACK

- 1-4 Step right toe back, drop onto heel, step left toe back, drop onto heel
- 5-8 Step right toe back, drop onto heel, step left toe back, drop onto heel

SHUFFLES FORWARD, ROCK STEP, TRIPLE IN PLACE

- 1&2 Shuffle forward stepping right, left, right
- 3&4 Shuffle forward stepping left, right, left
- 5-6 rock right foot forward, recover onto left
- 7&8 Triple in place stepping right, left, right

VINE WITH A TURN AND STEP, VINE WITH A TURN AND TOUCH

- Step left to side, cross right behind left, turn 1/4 left and step left foot forward, step right beside 1-4 left
- 5-8 Step left to side, cross right behind left, turn 1/4 left and step left foot forward, touch right beside left

LINDY BASIC

- 1&2 Side shuffle stepping right, left, right
- 3-4 Rock left foot back, recover onto right
- 5&6 Side shuffle stepping left, right, left
- 7-8 Rock right foot back, recover onto left

ROCKING CHAIR, HEEL STRUTS FORWARD

- 1-4 Rock right foot forward, recover onto left, rock right foot back, recover onto left
- 5-8 Step right heel forward, drop right toes, step left heel forward, drop left toes

REPEAT

RESTART





墙数: 2