

Breathless

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lee Nelson (UK)
音乐: Breathless - The Corrs



-
- 1&2 Right sailor step
3&4 Step left foot forward & do a half pivot turn to the right
5&6 Left shuffle forward
7&8 Kick right foot forward, place back next to left foot & touch left foot out to left side
- 9&10 Kick left foot forward, place back next to right foot & touch right foot out to right side
11&12 Kick right foot forward and jump feet apart, right then left
13-16 Roll hips left, right, left & right
- 17-18 Step left foot forward and do a half pivot turn to the right
19-20 Left shuffle forward
21&22&23&24 Do a half a turn to the left by doing four heel switches
- &25 Step on left foot & put right foot forward
26 Do half a pivot turn to the left
27-28 Turn a full turn & a quarter to the left, stepping right, left right
29-30 Touch right foot to right side & back in place. Touch left foot to left side & back in place
31-32 Stomp right foot and kick right foot forward

REPEAT
