

Breathe On Me

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Debbie Ellis (ES)
音乐: Breathe On Me - Britney Spears



Start dance 8 beats after Britney says "it's so hot in here"

LUNGE, HOLD, RECOVER, HOLD, LUNGE, HOLD, RECOVER, KICK

1-4 Lunge onto right foot diagonally forward, hold, recover onto left, hold
5-8 Lunge onto right foot diagonally forward, hold, recover onto left, kick right

BEHIND, UNWIND, SIDE ROCK, BEHIND SIDE CROSS

1-4 Put right behind left, unwind full turn slowly over 4 counts
5-6 Left side rock, recover
7&8 Left behind side cross

SIDE ROCK, WEAVE, POINT, BEHIND SIDE CROSS

1-2 Right side rock, recover
3-6 Right cross, left side, right behind, point left to side
7&8 Left behind side cross

TOUCH ¼ TURN TWICE, KICK BALL POINT TWICE, SAILOR ¼ TURN

1-2 Pivot ¼ turn left, touching right out to side twice
3&4 Right kick ball point
5&6 Left kick ball point
7&8 Right sailor ¼ turn

SKATES, LEFT SHUFFLE, SKATES, RIGHT SHUFFLE

1-2 Skate left, right
3&4 Left shuffle forward
5-6 Skate right, left
7&8 Right shuffle forward

ROCK, RECOVER, LEFT SHUFFLE BACK, RIGHT SHUFFLE ½ TURN, PIVOT ½ TURN

1-2 Left forward rock, recover
3&4 Left shuffle back
5&6 Right shuffle ½ turn
7-8 Step left forward, pivot ½ turn

POINT FRONT SIDE, LEFT SAILOR, RIGHT SAILOR ¼ TURN, POINT FRONT SIDE

1-2 Point left front, side
3&4 Left sailor step
5&6 Right sailor ¼ turn
7-8 Point left front, side

BEHIND, UNWIND, POINT, HITCH, CHASSE, BALL CROSS, SIDE

1-2 Put left behind, unwind ½ turn (weight on left)
3-4 Point right to side, hitch right over left knee
5-6 Chasse right
&7 Left ball cross
8 Step left to side taking weight

REPEAT

TAG

During 2nd wall, after count 50, you have to add an & count and step left forward $\frac{1}{4}$ left to bring you back to the front wall. Then restart dance from beginning
