

# Breathe In Life

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Lisa Mason (UK)  
音乐: Breathe In - Lucie Silvas



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## GRAPEVINE RIGHT, KICK BALL CHANGE LEFT TWICE

1-4            Step right to right, step left behind right, step right to right, touch left beside right  
5&6            Traveling to left side, kick left forward, ball change left  
7&8            Repeat kick ball change

## ROCK TO LEFT RECOVER, CROSS SHUFFLE, TWO HEEL JACKS TURNING ¼ LEFT

9-10            Step left to left side, recover weight to right foot, in place  
11&12          Cross step left over right, step right beside left, cross step left over right  
&13            Beginning turn to left, step diagonally back on right, touch left heel diagonally forward  
&14            Step left into center, touch right beside left  
&15&16        Repeat heel jack, counts &13-&14 to complete ¼ turn to left

## ROCK FORWARD RECOVER, BACK SHUFFLE, ROCK BACK RECOVER FORWARD SHUFFLE

17-18          Rock forward onto right foot, recover weight to left in place  
19&20          Step back onto right, step left beside right, step back right  
21-22          Step back onto left, recover weight forward to right in place  
23&24          Step forward onto left, step right beside left, step forward left

## CROSS AND STEP, CROSS AND STEP, POINT, POINT BEHIND UNWIND

25&26          Cross step right over left, recover weight to left in place, step right to right side  
27&28          Repeat counts 25&26 above on left foot  
29-30          Point right toe forward and to right side  
31-32          Cross right behind left, no weight, unwind ¾ turn to right, keeping weight on left

**REPEAT**

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