## Breathe In



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Dee Musk (UK)

音乐: Breathe In - Lucie Silvas



### SIDE, TOGETHER, SIDE, TOGETHER, 1/4 TURN RIGHT, FULL SPIRAL TURN RIGHT, RIGHT MAMBO

1-2	Step right t	o right side	close lef	t beside right
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3&4 Step right to right side, close left beside right, make a 1/4 turn right stepping forward on right

5-6 Step forward on left, make a full turn right over right shoulder, keeping weight on left

7&8 Step forward on right, recover weight to left, step back on right

# LEFT BACK ROCK, STEP ½ TURN RIGHT, STEP ¼ TURN RIGHT, HINGE ½ TURN RIGHT, LEFT CROSS SHUFFLE

1-2	Rock back on to left.	recover weight to right	(looking back over left shoulder)

3-4 Step forward on left, make a ½ turn right (weight forward on right)

5-6 Make a ¼ turn right, stepping left to left side, hinge ½ turn right, stepping right to right side

7&8 Cross left over right, step right to right side, cross left over right

### Easy option for turns

3-4 Step forward on left, make a ¼ turn right 5-6 Cross left over right, step right to right side

### RIGHT & LEFT TOE, KICK, CROSS, BACK STEP, ½ TURN LEFT.

1-2-3	Touch right toe beside left, kick right to right diagonal, cross right over left
4-5-6	Touch left toe beside right, kick left to left diagonal, cross left over right
7-8	Step back on right, make a ½ turn left, stepping forward on left

# RIGHT SIDE ROCK RECOVER BEHIND, LEFT SIDE ROCK RECOVER BEHIND, 1/4 TURN RIGHT, TOGETHER LEFT

1-2-3 Rock right out to right side, recover weight to left, cross right behind left
4-5-6 Rock left out to left side, recover weight to right, cross left behind right
7-8 Make a ¼ turn right stepping forward on right, close left beside right

#### REPEAT

#### **ENDING**

The music slows down, keep dancing, you will be facing 9:00 wall (starting section 3, counts 1,2,3 touch, kick cross) add an unwind ¾ turn left, to finish facing the front.