

Breakin' The Breaks

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Theme from "A Summer Place" - Liberace



STEP-SLIDE-STEP-SLIDE, BALL-CHANGE, ¼ LEFT WITH SIDE-TOGETHER-BACK, ½ BACK OUTSIDE PIVOT LEFT (BREAKS ON 3 AND 7)

- 1&2& Step left foot to left side, slide right foot together, step left foot to left side, cross right foot behind left foot
- 3-4 Transfer weight onto ball of right foot (crossed behind left foot), shift weight forward onto left foot (these two counts are a slow ball-change)
- 5&6 Step right foot to right side (prep for a ¼ turn left), slide left foot together continuing ¼ turn left, step back slightly on right foot to complete turn
- 7-8 Step back on left foot and pivot ½ left, step right foot forward (now facing 3:00 wall)

LUNGE LEFT, DRAG, CROSSED CHA LEFT, SIDE ROCK, RECOVER CROSSED CHA RIGHT (BREAKS ON 1 AND 5)

- 1-2 Lift left foot and lunge to the left, slowly drag right foot next to left foot (keeping weight on left foot)
- 3&4 Cross-step right foot over left foot, keeping feet crossed slide left foot next to right foot, step right foot to left (feet still crossed)
- 5-6 Step left foot to left side, shift weight to right foot
- 7&8 Cross-step left foot over right foot, keeping feet crossed slide right foot next to left foot, step left foot to right (feet still crossed)

SIDE, KNEE, KNEE

- 1-3 Step right foot to right side, keeping left toe on the floor bend left knee toward right knee and return to center (2), keeping right toe on the floor bend right knee toward left knee and return to center (3)

CHA RIGHT AND ¼ RIGHT, ½ PIVOT RIGHT AND STEP BACK RIGHT BACK-BALL-CHANGE, ½ PIVOT LEFT, SHUFFLE FORWARD WITH RIGHT LEAD (BREAKS ON 6 AND 2)

- 4&5& Step right foot to right side, slide left foot together, step right foot to right side, make a ¼ turn to right
- 6-7 Step left foot forward and turn ½ to right, step back on right foot
- 8&1 Step back on left foot, step together on ball of right foot, step left foot together
- 2-3 Step right foot forward and pivot ½ to left, step left foot forward and pivot ½ to left
- 4&5 Shuffle forward right-left-right

¼ PIVOT RIGHT, TOUCH TOGETHER

- 6-8 Step left foot forward, pivot ¼ to right and step down on right foot, touch (up) left foot next to right foot

REPEAT
