

Break My Heart

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Samantha Dixon (AUS)
音乐: Break My Heart - Gina Jeffreys



- 1-4 Rock forward on right, rock/replace weight to left, rock back on right, rock/replace weight to left
- 5-6 Step forward on right, pivot turn $\frac{1}{4}$ turn left (weight to left)
- 7-8 Step right forward. Pivot turn $\frac{1}{2}$ turn left (weight to left)
-
- 1&2 Kick right, ball change
- 3&4 Shuffle forward (right-left-right) turning $\frac{1}{2}$ turn left
- 5-6 Rock/step back on left, rock/replace weight to right
- 7&8 Kick left, ball change
-
- 1-4 Step left forward, pivot $\frac{1}{2}$ turn right (weight to right), rock forward on left, replace weight to right
- 5&6 Triple step back (left-right-left) turning 1 $\frac{1}{2}$ turns left
- 7-8 Rock forward on right, rock/replace weight to left
-
- 1-4 Sweep right around behind left, step right back, sweep left around behind right, step left back
- 5&6 Step back on right, step left beside right, step right forward (coaster step)
- 7&8 Step left forward, pivot $\frac{1}{2}$ turn right (weight to right), step left forward
-
- &1&2& Step right to side, step left behind right, step right to side, step left across right, step right to side
- 3-4 Cross/rock left behind right, rock/replace weight to right
- 5&6 Side shuffle to the left (left-right-left)
- 7&8 Kick right, ball change
-
- 1-2 Step right forward, paddle (pivot) turn 45 degrees left (weight to left)
- 3-4 Step right forward, paddle (pivot) turn 45 degrees left (weight to left)
- 5-6 Rock/step forward on right, rock back on left
- 7&8 Shuffle (right-left-right) turning $\frac{1}{2}$ turn right
-
- 1-2 Rock/step forward on left, rock/replace weight back on right
- 3&4 Triple step (left-right-left) in place turning full turn left
- 5-6 Rock/step forward on right, rock/replace weight back on left
- 7&8 Triple step (right-left-right) in place turning full turn right
-
- 1-4 Step left forward, pivot $\frac{1}{2}$ turn right (weight to right), step left forward, pivot turn $\frac{1}{2}$ turn right (weight to right)
- 5-6 Rock/step forward on left, rock/replace weight back on right
- 7&8 Step back on left, step right beside left, step left forward (coaster step)

REPEAT
