

Break It Off

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Susan Webb (USA)
音乐: Break It Up (feat. Rihanna) - Sean Paul



SAILOR STEP, PIVOT TURN, CROSS POINTS

1&2 Step ball of right behind left foot, step ball of left to left side, step forward on right
3-4 Step ball of left forward, $\frac{1}{2}$ turn right stepping right forward
5-6 Cross left over right, point right to right side
7-8 Cross right over left, point left to left side

CROSS UNWIND $\frac{3}{4}$ RIGHT, SIDE SHUFFLE, CROSS $\frac{1}{4}$ RIGHT TURN, FLICK, CROSS SHUFFLE

1-2 Cross left over right, unwind $\frac{3}{4}$ turn right ending with weight on right
3&4 Step ball of left to left, step ball of right next to left, step left to left side
5-6 Cross right over left making a $\frac{1}{4}$ turn right, flick left heel up
7&8 Cross ball of left over right, step ball of right to right side, cross left over right

VINE WITH $\frac{1}{4}$ TURN RIGHT, LEFT WEAVE, TOUCH KICK

1-2-3-4 Step right to right side, step left behind right, $\frac{1}{4}$ turn right stepping forward on right, step left to left side
5&6 Step ball of right behind left, step ball of left to left side, step right across left
7-8 Touch left beside right, kick left to left side

RIGHT WEAVE, LONG STEP TO RIGHT, DRAG LEFT TO RIGHT, COASTER STEP, $\frac{1}{2}$ PADDLE TURN

1&2 Step ball of left behind right, step ball of right to right side, cross left over right
3-4 Step right long step to right, drag left next to right keeping weight on the right
5&6 Step ball of left back, step ball of right next to left, step left forward
7-8 Turn $\frac{1}{4}$ left on ball of left, point right to right side, turn $\frac{1}{4}$ turn left on ball or left, point right to right side

REPEAT
