

# Break It Down

拍数: 32      墙数: 4      级数: Improver  
编舞者: Melanie Painter (USA)  
音乐: Designated Drinker (with George Strait) - Alan Jackson



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## TOE POINTS CROSSOVERS AND CHA-CHA'S

- 1            Right toe out
- 2            Right toe crossover left
- 3&4        Cha-cha right-left-right in place
- 5            Left toe out
- 6            Left toe crossover
- 7&8        Cha-cha left-right-left in place

## ROCK STEPS AND ¼ TURN TO RIGHT

- 9            Step forward on right
- 10          Rock back on left
- 11          Step to side on right (¼ turn right)
- 12          Touch left next to right

## ¼ TURN TO LEFT HIP BUMPS

- 13          Step to side on left (¼ turn left)
- 14          Touch right
- 15-16      Double hip bump right (weight on left)

## PIVOT ½ TURN RIGHT WITH HIP BUMPS

- 17          Step right (½ turn pivot on left heel)
- 18          Step left next to right
- 19-20      Double hip bumps left (weight on left)

## ROCK STEPS AND CHA-CHAS

- 21          Step forward on right
- 22          Rock back on left
- 23&24      Cha-cha right-left-right in place
- 25          Step back on left
- 26          Rock forward on right
- 27&28      Cha-cha left-right-left in place

## HEEL SWIVELS AND ¼ TO LEFT

- 29-32      Swivel heels left-right-left-right (¼ turn to left on last right heel swivel)

## REPEAT

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