

Break Dancin'

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 1 级数: Intermediate
编舞者: Debbie Scrimsher (USA)
音乐: Give Me All Of Your Love - Rhonda McAlpine



STOMP, HOLD, ½ TURN, HOLD, STOMP, HOLD, ¼ TURN, HOLD

1-2 Stomp right foot forward, hold
3-4 Pivot ½ turn to left, hold
5,6 Stomp right foot forward, hold
7-8 Pivot ¼ turn to left, hold

LONG STEP, SLIDE, SAILOR SHUFFLE, & KICK-CROSS-TOUCHES

1-2 Long step to right on right foot, slide left foot to the right
3&4 Sailor shuffle (left, right, left)
5&6 Kick right foot forward, cross step right in front of left, touch left toes out to side
7&8 Kick left foot forward, cross step left in front of right, touch right toes out to side

HIP CIRCLES WITH ¼ TURN RIGHT, WALK, WALK, HOOK & SLIDE

1-2 Circle hips as you change weight to right foot and push left hip up on 2
3-4 Circle hips as you change weight to left foot, pushing right hip up on 4 and turning ¼ turn to the right
5-6 Walk forward on right foot, walk forward on left foot
7&8 Hook right foot behind left, step left foot in place, long step back on right

SLIDE, STEP, KICK-HITCH-STEP, ½ TURN RHONDE', KICK-BALL-CHANGE

1 Slide left foot half way to right foot
2 Step down onto left foot. (left foot is still forward)
3&4 Kick right foot towards left diagonal, hitch knee up, step right foot forward
5-6 Ronde' left foot out as you turn ½ turn to right, step left foot next to right
7&8 Kick-ball-change (right, left, right)

SYNCOPATED STOMP & HOLDS, BACK-HOOK-BACK, ROCK STEP

1-2 Stomp right foot forward, hold
&3-4 Step ball of left foot next to right, step forward on right, hold
5&6 Step left foot back to left diagonal, hook step ball of right foot in front of left, step left foot back to left diagonal
7-8 Rock back onto right foot, change weight back onto left foot

REPEAT
