

Break Away

拍数: 32 墙数: 4 级数: Beginner
编舞者: Max Perry (USA)
音乐: Break Away - Scooter Lee



KICK, STEP, KICK, STEP, TWIST RIGHT, CENTER, RIGHT, CENTER

1&2& Kick right forward & across left, step right next to left, kick left forward & across right, step left next to right
3&4& Twist both heels right, center, right, center (end with weight on right)

KICK, STEP, KICK, STEP, TWIST LEFT, CENTER, LEFT, CENTER

5&6& Kick left forward & across right, step left next to right, kick right forward & across left, step right next to left
7&8& Twist both heels left, center, left, center

TOE HEEL WEAVE RIGHT, TOE HEEL STEP SIDE, TOE HEEL IN PLACE

1&2& Step right to right side with ball or toe, lower heel, cross step left behind right with ball or toe, lower heel
3&4& Step right to right side with ball or toe, lower heel, cross step left over right with ball or toe, lower heel
5&6& Step right to right side with ball or toe, lower heel, step left in place with ball or toe, lower heel
This is like a side rock step done toe/heel style. Feet will end up slightly apart

QUICK WEAVE LEFT

7&8& Cross step right behind left, step left to left side, cross step right over left, step left to left side

2 HEEL TOE WALKS FORWARD, STEP FORWARD, HOLD, ½ TURN LEFT, HOLD

1&2& Step right heel forward, flatten foot, step left heel forward, flatten foot
3&4& Step right forward, hold, turn ½ left and step left in place, hold

2 HEEL TOE WALKS FORWARD, STEP FORWARD, HOLD, ½ TURN LEFT, HOLD

5&6& Step right heel forward, flatten foot, step left heel forward, flatten foot
7&8& Step right forward, hold, turn ½ left and step left in place, hold

TOE HEEL JAZZ BOX TURNING ¼ RIGHT

1&2& Cross right toe over left, lower heel, step left back with ball or toe, lower heel
3&4& Turn ¼ right & step right to right side with ball or toe, lower heel, step left forward with ball or toe, lower heel

STOMP FORWARD, HOLD & CLAP, STOMP FORWARD, HOLD & CLAP, 4 SMALL STEPS FORWARD

5&6& Step right forward, hold & clap, stomp left forward, hold & clap
7&8& Four small steps forward or could be stomps right, left, right, left

REPEAT
