

# Break A Leg

拍数: 32      墙数: 4      级数: Improver  
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音乐: Disco Inferno - Tina Turner



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## WALK FORWARD & HITCH, SKATES & SAILOR TURN

1-4      Step forward right, left, right. Hitch left knee  
5      Slide left foot to left while twisting right heel to right  
6      Slide right foot to right while twisting left heel to left  
7&8      Making  $\frac{1}{4}$  turn left, step left behind right, step right to right side, step left forward

## TICK, TOCK, SAILOR TURN. ROCK & TRIPLE $\frac{1}{2}$ TURN LEFT

9-10      Kick right foot forward across left then to right side  
11&12      Making  $\frac{1}{4}$  turn right, step right behind left, step left to left side, step right forward  
13-14      Rock forward onto left foot & recover  
15&16      Triple turn  $\frac{1}{2}$  left on left, right, left

## "TWINKLES" MOVING FORWARD, SAILORS MOVING BACK

17&18      Step right over in front of left, step left to left side, step right forward  
19&20      Step left over in front of right, step right to right side, step left forward  
21&22      Step right behind left, step left to left side, step right back to right side  
23&24      Step left behind right, step right to right side, step left back to left side

## 2 DRUNKEN SAILOR WALKS BACK, STEP TOUCH, $1\frac{1}{4}$ TURN, SHUFFLE FORWARD

25-26      Step right foot back behind left, step left foot back behind right  
27-28      Step right foot to right side, touch left foot next to right (optional clap to right)  
29-30      Turning  $\frac{1}{4}$  left, step forward onto left foot & turn  $\frac{1}{2}$  left, step back onto right foot & turn  $\frac{1}{2}$  left  
31&32      Left shuffle forward left, right, left

**REPEAT**

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