

Bread On The Table

COPPERKNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK)
音乐: Bread On the Table - Tom Wurth



Please note that towards the end of the track the music fades out. Keep dancing and it kicks back in

SIDE ROCKS, CROSS BEHIND, SIDE LEFT, HEEL-GRIND, SIDE LEFT, CROSS BEHIND SIDE LEFT

1-2 Side rock to right side, recover onto left side (12:00)
3-4 Cross right behind left, step left to left side
5-6 Right crossing heel-grind, step left to left side
7-8 Cross right behind left, step left to left side

HEEL-GRIND, SIDE LEFT, BACK ROCK, FORWARD ROCK, STEP, ½ PIVOT LEFT, STEP, HOLD

1-2 Right crossing heel-grind, step left to left side
3-4 Rock back onto right, rock forward onto left
5-6-7 Step forward on right, ½ pivot turn left, step forward on right (6:00)
8 Hold

Tag 2 occurs here during wall 4 while facing the front wall

FULL TURN RIGHT MOVING FORWARD, HOLD, ROCKING CHAIR

1-2-3 ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left
4 Hold
5-6-7-8 Rock forward on right, rock back on left, rock back on right, rock forward on left

STEP, ¼ LEFT, RIGHT CROSS, HOLD, SIDE ROCK, RECOVER, LEFT CROSS, HOLD

1-2 Step forward on right, make ¼ turn left ending with weight on left (3:00)
3-4 Cross right over left, hold
5-6 Rock left to left side, recover onto right side
7-8 Cross left over right, hold

STEP DIAGONAL, TOUCH, STEP BACK DIAGONAL, TOUCH, RIGHT LOCK BACK, TOUCH

1-2 Step forward right- right diagonal, touch left next to right
3-4 Step back left-left diagonal, touch right next to left
5-6 Step back right, lock left across right
7-8 Step back right, touch left slightly in front of right

STEP, TOUCH, STEP BACK, TOUCH, LEFT LOCK FORWARD, HOLD

1-2 Step forward on left, touch right next to left
3-4 Step back on right, touch left next to right
5-6-7 Step forward on left, lock right behind left, step forward on left
8 Hold

RIGHT FORWARD MAMBO, HOLD, BACK LEFT, HOLD, BACK RIGHT, TOGETHER

1-2-3 Mambo forward onto right, recover back onto left, step right beside left
4 Hold
5-6 Walk back on left, hold
7-8 Step back on right, step left next to right

HEEL STEPS, ¼ RIGHT, TOGETHER, SIDE ROCK, RECOVER, TOUCH, HOLD

1-2 Step forward onto right heel, step onto left heel level with right but shoulder width apart (full weight is on both heels)

3-4 ¼ turn right stepping right to right side, step left next to right (6:00)
5-6-7 Rock right to right side, recover onto left side, touch right next to left
8 Hold (6:00)

REPEAT

TAG

At the end of wall 1 facing the back wall

4 KNEE POPS

1-4 Knee pops left, right, left, right

Restart

TAG

During wall 4 after 16 counts

1-2 Step forward on the left, touch right next to left

Restart
