Bravo Cha (Baila)

拍数: 32

级数: Intermediate/Advanced

编舞者: Jennifer Pasley-Smith (USA)

音乐: Baila - Jennifer Lopez

RIGHT HEEL FORWARD, TOE BACK, TOUCH RIGHT, SAILOR SHUFFLE, LEFT ROCK BACK, **RECOVER, STEP-TOGETHER-**

- Touch right heel forward, touch right toe back, touch right toe to right side (make these 1 - 2 - 3movements small when dancing to fast music)
- 4&5 Step right behind left, step left to left, step right to right (use Cuban motion to style)
- 6-7 Rock back on left, recover weight to right
- 8& Step left forward, step right together

STEP LEFT FORWARD, DRAG RIGHT, BALL-STEP FORWARD, DRAG, BALL- STEP FORWARD, MOMENTUM SWEEP WITH ¼-TURN RIGHT, SYNCOPATED VINE RIGHT

- Step left forward, drag right toe to behind left heel 9-10
- &11 Step right in place, step left forward
- 12 Drag right toe to behind left heel
- &13 Step right in place, step left forward
- Bring right foot forward beside left and circle it clock-wise while turning ¼-turn to right 14

Make sure toe is pointed and circle is not too large. Use momentum of circle to aid turn

15-16&17 Step right to right, step left behind right, step right to right, step left over right

STEP RIGHT FORWARD, STEP LEFT FORWARD, COASTER STEP, STEP LEFT, FORWARD, STEP **RIGHT FORWARD, TOUCH-TURN-STEP**

- Step right forward, step left forward 18-19
- 20&21 Step right back, step left beside right, step right forward
- 22-23 Step left forward, step right forward
- 24&25 Touch left toe back, pivot ¹/₂-turn left on right while lifting left knee, step left forward

SIDE TOUCH, CROSS/STEP, SIDE TOUCH, CROSS/STEP BEHIND-SWEEP-STEP-, SWEEP-STEP-SWEEP-STEP-TOUCH-STEP

- 26-27 Touch right to right side, cross/step right in front of left
- 28& Touch left to left side, cross/step left behind right
- 29& Sweep right from front to behind left, step right in place
- 30& Sweep left from front to behind right, step left in place
- Sweep right from front to behind left, step right in place 31&
- 32& Touch left toe in front of right, step left in front of right

REPEAT





墙数: 4