

# Brainwave

**COPPER** **NOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Lorraine Deering (AUS)  
音乐: This Is Your Brain - Joe Diffie



## **FORWARD 45 & HIP, HIP, HIP, HOLD, FORWARD 45 & HIP, HIP, HIP, HOLD**

1-2      Step right forward at 45 degrees & push hips right, push hips left  
3-4      Push hips right, hold  
5-6      Step left forward at 45 degrees & push hips left, push hips right  
7-8      Push hips left, hold

## **FORWARD 45 & HIP, HIP, HIP, HOLD, FORWARD 45 & HIP, HIP, HIP, HOLD**

1-2      Step right forward at 45 degrees & push hips right, push hips left  
3-4      Push hips right, hold  
5-6      Step left forward at 45 degrees & push hips left, push hips right  
7-8      Push hips left, hold

## **FORWARD LOCK, FORWARD SCUFF, FORWARD LOCK, FORWARD SCUFF**

1-2-3-4      Step right forward, lock left behind right, step right forward, scuff left  
5-6-7-8      Step left forward, lock right behind left, step left forward, scuff right

## **FORWARD, ½ TURN, STOMP, HOLD**

1-2      Step right forward, turn ½ turn left keeping weight on right  
3-4      Stomp left forward, hold

## **FORWARD LOCK, FORWARD SCUFF, FORWARD LOCK, FORWARD SCUFF**

1-2-3-4      Step right forward, lock left behind right, step right forward, scuff left  
5-6-7-8      Step left forward, lock right behind left, step left forward, scuff right

## **FORWARD, ½ TURN, STOMP, HOLD**

1-2      Step right forward, turn ½ turn left keeping weight on right  
3-4      Stomp left forward, hold

## **VINE RIGHT-HEEL & CLAP, VINE LEFT-HEEL & CLAP**

1-2      Step right to the side, cross left behind right  
3-4      Step right to the side, touch left heel at 45 degrees & clap  
5-6      Step left to the side, cross right behind left  
7-8      Step left to the side, touch right heel at 45 degrees & clap

## **VINE BACK-HITCH & CLAP, VINE BACK-HITCH & CLAP**

1-2-3-4      Step right back, step left back, step right back, hitch left & clap  
5-6-7-8      Step left back, step right back, step left back, hitch right & clap

## **FORWARD, LOCK, FORWARD, SLAP HEEL, FORWARD, LOCK, ¼ TURN, STOMP**

1-2      Step right forward, lock left behind right  
3-4      Step right forward, lift left behind & slap with right hand  
5-6      Step left forward, lock right behind left  
7-8      Turn ¼ turn left-step left forward, stomp right together

**REPEAT**