

Brain In A Jar

拍数: 64 墙数: 4 级数: Improver
编舞者: Lu Olsen (AUS)
音乐: Brain In a Jar - James Bonamy



HEEL FORWARD, TOGETHER, TOE BACK, FORWARD, SHUFFLE FORWARD, FORWARD, ½ PIVOT

1-2-3-4 Touch right heel forward, step right beside left, touch left toe back, step left forward
5&6 Shuffle forward right, left, right
7-8 Step left forward, ½ right pivot turn (weight on right) 6:00

HEEL FORWARD, TOGETHER, TOE BACK, TOGETHER, SHUFFLE FORWARD, FORWARD, ¼ PIVOT

1-2-3-4 Touch left heel forward, step left beside right, touch right toe back, step right forward
5&6 Shuffle forward left, right, left
7-8 Step right forward, ¼ left pivot turn (weight on left) 3:00

SCUFF, TOUCH, CROSS, ¼ STEP BACK, ¼ RIGHT MONTEREY

1-2-3-4 Scuff right toe beside left, touch right toe to right, cross right over left, ¼ right turn and step left back, 6:00
5-6 (¼ Monterey) touch right to right side, ¼ right turn & step right beside left
7-8 Touch left to left side, step left beside right (9:00)

Restart from here on wall 4

SHUFFLE FORWARD, FORWARD, PIVOT, ½ TURNING SHUFFLE TURN, ROCK BACK, FORWARD

1&2-3-4 Shuffle forward right, left, right, step left forward, ½ right pivot turn
5&6 ½ right turning shuffle stepping left, right, left
7-8 Rock right back, rock left forward, 9:00

(TRAVELING FORWARD AT 45) KICK, BALL, CROSS, FORWARD DIAGONAL & DRAG, STEP TOGETHER KICK BALL, CROSS, FORWARD DIAGONAL & DRAG, STEP TOGETHER

1&2-3-4 Kick right forward, step right slightly back, cross left over right, step right forward at right 45 & drag left, step left beside right
5&6-7-8 Kick right forward, step right slightly back, cross left over right, step right forward at right 45 & drag left, step left beside right

ROCK, REPLACE, CROSS SHUFFLE, SIDE, ½ HINGE, SHUFFLE FORWARD

1-2-3&4 Rock right to right side, replace weight on left, cross shuffle right over left
5-6 Step left to left side, ½ right hinge turn and step right to right side
7&8 Shuffle forward left, right, left, 3:00

STEP FORWARD, LOCK BEHIND, LOCK SHUFFLE FORWARD, STEP SIDE, SLIDE, LEFT COASTER

1-2-3&4 Step right forward at right 45, lock left behind right, lock shuffle right, left, right forward at right 45
5-6 Step left to left side, slide/step right beside left
7&8 (Left coaster) step left back, step right beside left, step left forward

FORWARD, ¼ PADDLE, FORWARD, ¼ PADDLE, RIGHT JAZZ BOX, FORWARD

1-2-3-4 Step right forward, ¼ left paddle turn, step right forward, ¼ left paddle turn
5-6-7-8 (Jazz box) cross right over left, step left back, step right beside left, step left forward 9:00

REPEAT

TAG

At end of wall 1

1-2-3-4 Step right forward, $\frac{1}{2}$ left pivot turn, step right forward, $\frac{1}{2}$ left pivot turn

RESTART

On wall 4, dance the first 24 counts of the dance then start wall 5 again facing the front

ENDING

To finish to front, dance to count 32. On counts 29&30 replace $\frac{1}{2}$ turning shuffle with $\frac{1}{4}$ right turning shuffle and stomp right beside left on last note
