

Brain Drain

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lorraine Harvey (AUS)
音乐: This Is Your Brain - Joe Diffie



SIDE-TOGETHER-SIDE-HOLD-CROSS-ROCK-TURN-HOLD

1-4 Step right to right, step left beside right, step right to right, hold
5-6 Cross/rock left over right, return weight to right
7-8 Turning $\frac{1}{4}$ left step forward on left, hold

SIDE-TOGETHER-SIDE-HOLD- CROSS-ROCK- TURN-HOLD

1-4 Step right to right, step left beside right, step right to right, hold
5-6 Cross/rock left over right, return weight to right
7-8 Turning $\frac{1}{4}$ left step forward on left, hold

FORWARD-TOGETHER-FORWARD-HOLD -FORWARD-TOGETHER-FORWARD-HOLD

1-2 Moving forward to right diagonal step forward on right, step left beside right
3-4 Still moving towards right diagonal. Step forward on right, hold
5-6 Moving forward to left diagonal step forward on left, step right beside left
7-8 Still moving towards left diagonal. Step forward on left, hold

SIDE-TOGETHER-BACK-HOLD-SIDE-TOGETHER-FORWARD-TAP

1-4 Step right to right, step left beside right, step back on right, hold
5-8 Step left to left, step right beside left, step forward on left, tap right beside left

REPEAT
