

# Cajun Polka (P)

COPPER KNOB  
STEPSHEETS

拍数: 56      墙数: 0      级数: Partner  
编舞者: John Miles (UK) & Jean Miles (UK)  
音乐: Jambalaya (On the Bayou) - Eddy Raven & Jo-El Sonnier



Position: Right Side-By-Side (Sweetheart)

## RIGHT HOOK & LEFT HOOK COMBINATION

1-2      Right heel touch forward, hook right foot up across front of left  
3-4      Right heel touch forward, step right back in place beside left  
5-6      Left heel touch forward, hook left foot up across front of right  
7-8      Left heel touch forward, touch left toe beside right

## LEFT STEP & PIVOT ½ TWICE, LEFT SHUFFLE & RIGHT SHUFFLE FORWARD

1-2      Left step forward, make ½ turn to right (drop left hands on turn)  
3-4      Left step forward, make ½ turn to right (rejoin hands in side-by-side)  
5&6      Left shuffle forward (left-right-left)  
7&8      Right shuffle forward (right-left-right)

## LEFT HOOK & RIGHT HOOK COMBINATIONS

1-2      Left heel touch forward, hook left foot up across front of right  
3-4      Left heel touch forward, step left back in place beside right  
5-6      Right heel touch forward, hook right foot up across front of left  
7-8      Right heel touch forward, touch right toe beside left

## RIGHT STEP & PIVOT ½ TWICE, RIGHT SHUFFLE & LEFT SHUFFLE FORWARD

1-2      Right step forward, make ½ turn to left (drop left hands on turn)  
3-4      Right step forward, make ½ turn to left (rejoin hands in side-by-side)  
5&6      Right shuffle forward (right-left-right)  
7&8      Left shuffle forward (left-right-left)

## LADY'S ROLLING ½ TURN RIGHT, MAN'S ROLLING ½ TURN LEFT

1-2      Lady makes ½ turn to right stepping right then left

### Drop left hands on turn

3-4      **LADY:** Complete ½ turn right stepping right and touching with left

### Bring right hands down. Lady will be facing RLOD

**MAN:** Step in place right, left, right, touch left)

5-6      Man makes ½ turn to left stepping left then right

### Bring right hand over head on turn

7-8      **MAN:** Complete ½ turn left stepping left and touching with right

### Right hands will be at waist level

**LADY:** Step in place left, right, left, touch right

### Both man & lady will be facing RLOD

## RIGHT HOOK, RIGHT SHUFFLE & LEFT SHUFFLE FORWARD, RIGHT STEP & PIVOT ½

1-2      Right heel touch forward, hook right foot up across front of left  
3&4      Right shuffle forward (right-left-right)  
5&6      Left shuffle forward (left-right-left)  
7-8      Right step forward, make ½ turn to left (rejoin hands in side-by-side)

## RIGHT SHUFFLE, LEFT SHUFFLE, RIGHT SHUFFLE, LEFT SHUFFLE FORWARD

1&2      Right shuffle forward (right-left-right)

3&4 Left shuffle forward (left-right-left)  
5&6 Right shuffle forward (right-left-right)  
7&8 Left shuffle forward (left-right-left)

**REPEAT**

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