

Cajun Polka (P)

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 0 级数: Partner
编舞者: John Miles (UK) & Jean Miles (UK)
音乐: Jambalaya (On the Bayou) - Eddy Raven & Jo-El Sonnier



Position: Right Side-By-Side (Sweetheart)

RIGHT HOOK & LEFT HOOK COMBINATION

1-2 Right heel touch forward, hook right foot up across front of left
3-4 Right heel touch forward, step right back in place beside left
5-6 Left heel touch forward, hook left foot up across front of right
7-8 Left heel touch forward, touch left toe beside right

LEFT STEP & PIVOT ½ TWICE, LEFT SHUFFLE & RIGHT SHUFFLE FORWARD

1-2 Left step forward, make ½ turn to right (drop left hands on turn)
3-4 Left step forward, make ½ turn to right (rejoin hands in side-by-side)
5&6 Left shuffle forward (left-right-left)
7&8 Right shuffle forward (right-left-right)

LEFT HOOK & RIGHT HOOK COMBINATIONS

1-2 Left heel touch forward, hook left foot up across front of right
3-4 Left heel touch forward, step left back in place beside right
5-6 Right heel touch forward, hook right foot up across front of left
7-8 Right heel touch forward, touch right toe beside left

RIGHT STEP & PIVOT ½ TWICE, RIGHT SHUFFLE & LEFT SHUFFLE FORWARD

1-2 Right step forward, make ½ turn to left (drop left hands on turn)
3-4 Right step forward, make ½ turn to left (rejoin hands in side-by-side)
5&6 Right shuffle forward (right-left-right)
7&8 Left shuffle forward (left-right-left)

LADY'S ROLLING ½ TURN RIGHT, MAN'S ROLLING ½ TURN LEFT

1-2 Lady makes ½ turn to right stepping right then left

Drop left hands on turn

3-4 **LADY:** Complete ½ turn right stepping right and touching with left

Bring right hands down. Lady will be facing RLOD

MAN: Step in place right, left, right, touch left)

5-6 Man makes ½ turn to left stepping left then right

Bring right hand over head on turn

7-8 **MAN:** Complete ½ turn left stepping left and touching with right

Right hands will be at waist level

LADY: Step in place left, right, left, touch right

Both man & lady will be facing RLOD

RIGHT HOOK, RIGHT SHUFFLE & LEFT SHUFFLE FORWARD, RIGHT STEP & PIVOT ½

1-2 Right heel touch forward, hook right foot up across front of left
3&4 Right shuffle forward (right-left-right)
5&6 Left shuffle forward (left-right-left)
7-8 Right step forward, make ½ turn to left (rejoin hands in side-by-side)

RIGHT SHUFFLE, LEFT SHUFFLE, RIGHT SHUFFLE, LEFT SHUFFLE FORWARD

1&2 Right shuffle forward (right-left-right)

3&4 Left shuffle forward (left-right-left)
5&6 Right shuffle forward (right-left-right)
7&8 Left shuffle forward (left-right-left)

REPEAT
