

# Cajun Polka

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jim Krohe (USA)  
音乐: Cajun Fiddle - Jimmy Sturr



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## RIGHT TRIPLE IN PLACE, LEFT TRIPLE IN PLACE, RIGHT BACK SHUFFLE, LEFT BACK SHUFFLE

1&2      Triple step in place on right, left, right  
3&4      Triple step in place on left, right, left  
5&6      Shuffle back on right, left, right  
7&8      Shuffle back on left, right, left

## KICK BALL STEP, KICK BALL STEP, HEEL ROCK, RIGHT ½ TURN

9&10      Kick forward with right, step on ball of right foot beside left, step forward on left  
11&12      Kick forward with right, step on ball of right foot beside left, step forward on left  
13-14      Rock forward on right heel, recover on left  
15-16      Step back on right and turn right ½ turn, step forward on left

## RIGHT FORWARD SHUFFLE, HEEL ROCK, LEFT BACK SHUFFLE, RIGHT ½ TURN

17&18      Shuffle forward on right, left, right  
19-20      Rock forward on left heel, recover on right  
21&22      Shuffle back on left, right, left  
23-24      Step back on right and turn right ½ turn, step forward on left

## RIGHT FORWARD SHUFFLE, HEEL ROCK, STOMP, STOMP, SWIVEL LEFT ¼ TURN

25&26      Shuffle forward on right, left, right  
27-28      Rock forward on left heel, recover on right  
29-30      Stomp on left beside right, stomp on right beside left  
31-32      Swivel both heels left, swivel both heels right and turn left ¼ turn and shift weight to left

**REPEAT**

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