Cajun Holiday

拍数: 64

级数: Intermediate

编舞者: Rachael McEnaney (USA) & Jo Thompson Szymanski (USA)

音乐: Can't Love 'Em All - Lisa Haley

When using "Can't Love 'Em All" start after a 32 count intro (the counts are quick), you'll hear the heavy beat kick in. On the same CD single is "Rad Gumbo" which can be used for a teach track, starting with the vocals

TOUCH OUT, IN, OUT, BACK, SIDE, CROSS, TOUCH OUT, IN, OUT, 1/4 TURN RIGHT

- 1-4 Touch right toe to right side, touch right toe beside left foot, touch right toe to right side, hold
 5-8 Step right foot crossed behind left, step left foot to left side, step right foot across front of left,
- hold
- 1-4 Touch left toe to left side, touch left toe beside right foot, touch left toe to left side, hold
- 5-8 Step left foot crossed behind right, turn ¼ right, step forward with right, step forward with left, hold

FORWARD, TAP, BACK, HOLD, ½ TURN, HOLD, ½ TURN, HOLD

- 1-2 Step forward with right, tap ball of left behind right heel
- 3-4 Step back with left, turn ½ right on left foot
- 5-6 Step forward with right, turn ½ right on right foot
- 7-8 Step back with left, hold

COASTER STEP, HOLD, ¼ TURN RIGHT, SCISSORS, HOLD

- 1-4 Step back with right foot, step together with left, step forward with right, hold
- 5-8 Turn ¼ right, step side with left foot, step together with right, step left across front of right, hold

TOE STRUT RIGHT, CROSS, SIDE, SIDE, RIGHT, CROSS, SIDE, SIDE

- 1-4 Step ball of right foot to right side, drop right heel, step ball of left foot across front of right, drop left heel
- 5-8 Step ball of right foot to right side, drop right heel, step ball of left foot to left side, drop left heel
- 1-8 Repeat above 8 counts

BACK, ¼ TURN LEFT, FORWARD, HOP, CROSS, ¼ TURN LEFT, BACK, HOP

- 1-4 Step right foot crossed behind left, turn ¼ left, step forward with left, step forward with right, small hop on right foot with left knee slightly lifted
- 5-8 Step left foot across in front of right, turn ¼ left, step back with right, step back with left, small hop on left foot with right knee slightly lifted

BACK, ¼ TURN LEFT, FORWARD, HOP, STOMP, CLAP, CLAP

- 1-4 Step right foot crossed behind left, turn ¼ left, step forward with left, step forward with right, small hop on right foot with left knee slightly lifted
- 5-8 Stomp left foot forward, slightly across front of right, clap twice, hold

REPEAT





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