

Cajun Beat

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Tim Gauci (AUS)
音乐: Louisiana Melody - David Ball



STEP, LOCK, STEP, SCUFF, ¼ TURN BOX STEP

1-4 Step right forward, lock left behind right, step right forward, scuff left forward
5-8 Step left over right, step right back, step left to left turning ¼ to left, scuff right forward

STEP, LOCK, STEP, SCUFF, ¼ TURN BOX STEP

1-4 Step right forward, lock left behind right, step right forward, scuff left forward
5-8 Step left over right, step right back, step left to left turning ¼ to left, scuff right over left

TOE STRUT, SIDE ROCK, REPEAT

1-4 Touch right toe across left foot, step right heel to floor (toe strut), step left to left, rock weight onto right
5-8 Touch left toe across right foot, step left heel to floor (toe strut), step right to right, rock weight onto left

TOE STRUT, ¼ TURN STRUT, ¼ TURN STRUT, STEP, SCUFF

1-4 Touch right toe across left foot, step right heel to floor turning ¼ to right touch left toe back, step left heel to floor
5-8 Turning ¼ to right touch right toe to right side, step right heel to floor, step left forward, scuff right forward

FORWARD, TAP, BACK, HEEL, SLOW COASTER STEP, HOLD

1-4 Step right forward, tap left toe behind right heel, step left back, touch right heel forward
5-8 Step right back, step left together, step right forward, hold

FORWARD, TAP, BACK, HEEL, SLOW COASTER STEP, HOLD

1-4 Step left forward, tap right toe behind left heel, step right back, touch left heel forward
5-8 Step left back, step right together, step left forward, hold

¼ TURN STEP, ½ TURN STEP

1-4 Step right forward, pivot ¼ to left, step right forward, hold
5-8 Step left forward, pivot ½ to right, step left forward, hold

FORWARD MAMBO, BACK MAMBO

1-4 Step right forward, step weight onto left, step right back, hold
5-8 Step left back, step weight onto right, step left forward, hold

REPEAT
