

Caged In

拍数: 64 墙数: 4 级数: Improver
编舞者: Karen Larkin (UK)
音乐: Unknown



DIAGONAL HEEL DIGS & SHUFFLES (RIGHT&LEFT)

- 1-2 Touch right heel diagonally right twice
3&4 Traveling to right diagonally step forward onto right, step left beside right, step forward onto right
5-6 Touch left heel diagonally left twice
7&8 Traveling to left diagonally step forward onto left, step right beside left, step forward onto left

JUMPS BACK WITH CLAPS, GRAPEVINE WITH ½ TURN AND STOMP

- &9-10 Jump back onto right, jump back onto left, feet slightly apart, hold and clap
&11-12 Jump back onto right, jump back onto left, feet slightly apart, hold and clap
13-16 Step right to right side, cross left behind right, step right to right side making a ½ turn to right, stomp left beside right
17-32 Repeat steps 1-16

KICK BALL CHANGE, STOMP, CLAP (RIGHT & LEFT)

- 33&34 Kick right foot forward, step onto ball of right foot, step left beside right
35-36 Stomp right foot slightly forward of left, hold and clap
37&38 Kick left foot forward, step onto ball of left foot, step right beside left
39-40 Stomp left foot slightly forward of right, hold and clap

JAZZ BOX WITH SCUFF, JAZZ BOX WITH ¼ TURN RIGHT

- 41-42 Cross right foot over left, step back onto left
43-44 Step right to right side, scuff left beside right
45-46 Cross left foot over right, step back onto right making ¼ turn to right
47-48 Step left to left side, scuff right beside left

CHASSE RIGHT WITH CROSS ROCK, CHASSE LEFT WITH CROSS ROCK

- 49&50 Step right to right side, step left beside right, step right to right side
51-52 Cross left behind right and rock weight onto left, rock back onto right
53&54 Step left to left side, step right beside left, step left to left side
55-56 Cross right behind left and rock weight onto right, rock back onto left

STOMP WITH TOE FANS, ON RIGHT & LEFT

- 57-60 Stomp right foot forward, fan toes right, fan toes left, fan toes right (weight should be on right foot)
61-64 Stomp left forward, fan toes left, fan toes right, fan toes left (weight should be on left foot)

REPEAT
