

Cactus Swing

拍数: 32 墙数: 0 级数:
编舞者: EJ Foley (CAN)
音乐: Cactus Swing - Great Western Orchestra



- 1 Touch left heel to front at 45 degrees
2 Touch left toe to right side with left leg crossing under right knee to make figure 4
3&4 Step left foot to left side, bring right together with left, step left foot to left side
This movement is done in a jumping or side hopping fashion as in a hoedown type of dance
5 Touch right heel to front at 45 degrees
6 Touch right toe to left side with right leg crossing under left knee to make figure 4 reversed
7&8 Step right foot to right side, bring left together with right, step right foot to right side
- 9 Touch left heel to front at 45 degrees
10 Bring left foot up across front of right leg in figure 4 and slap heel with right hand
11 Touch left foot to left side
12 Bring left foot up across back of right leg in figure 4 and slap heel with right hand
13 Step to left with left foot making $\frac{1}{4}$ turn to left and stepping down with authority
14 Bring right foot up across front of left leg in figure 4 (reverse) and slap heel with left hand
15 Touch right foot to right side
16 Bring right foot up across back of left leg in figure 4 (reverse) and slap heel with left hand

RIGHT-LEFT TURNING VINES

- 17-18-19 Step into a full turn turning vine to the right with right, left, right
20 Bring left foot up behind right leg in figure 4 and slap heel with right hand
21-22-23 Step into a full turn turning vine to the left with left, right, left
24 Bring right foot up behind left leg in figure 4 (reverse) and slap heel with left hand
- 25 Step forward with right foot
26 Bring left foot up behind right leg in figure 4 and slap heel with right hand
27 Step forward with left foot
28 Bring right foot up behind left leg in figure 4(reverse) and slap with left hand

BACK TURNING VINE

- 29-30-31 Stepping towards back LOD, making a full turn turning vine to right with right, left, right
32 Stomp left beside right (weight stays on right foot)

REPEAT
