

C'mon

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Gloria Johnson (USA)
音乐: Come On Over - Shania Twain



Sequence: ABA BBA BBA BBB

I dedicated the dance "Sweetpea" to my baby granddaughter Cheyenne when she was just 4 months old. She is now 17 months old and has a favorite phrase When she wants something, she holds her arms up and says "...mon ...mon." She means "c'mon." Hence this is a sequel to "Sweetpea" and is dedicated to Cheyenne If you begin the dance on count 48 (on vocals) the verses and choruses and two bridges are each 32 counts long. The song ends with three repetitions of the chorus. Dancers should learn the steps as groups (1-32 and 33-64). You do steps 1-32 (Part A) on each verse and steps 33-64 (Part B) on each chorus and bridge

PART A

HEEL TOUCHES WITH ¼ TURNS

- 1-2 Touch right heel to right side; touch right toe beside left foot
- 3-4 Step right foot a long step right turning ¼ right; touch left toe beside right foot
- 5-6 Touch left heel to left side; touch left toe beside right foot
- 7-8 Step left foot a long step left turning ¼ right; touch right toe beside left foot

HEEL TOUCHES WITH ¼ TURNS

- 9-10 Touch right heel to right side; touch right toe beside left foot
- 11-12 Step right foot a long step right turning ¼ right; touch left toe beside right foot
- 13-14 Touch left heel to left side; touch left toe beside right foot
- 15-16 Rock-step left foot back; rock forward onto right

TOE-HEEL STRUTS TO THE SIDE

- 17-18 Touch left toe to left side; drop left heel snapping fingers at same time
- 19-20 Touch right toe beside left foot; drop right heel snapping fingers at same time
- 21-22 Touch left toe to left side; drop left heel snapping fingers at same time
- 23-24 Touch right toe beside left foot; drop right heel snapping fingers at same time

MODIFIED MONTEREY TURNS

- 25-26 Touch left toe to left side; cross-step left foot over right
- 27-28 Touch right toe to right side; turning ½ right on ball of left foot, step on right
- 29-30 Touch left toe to left side; cross-step left foot over right
- 31-32 Touch right toe to right side; turning ½ right on ball of left foot, step on right

PART B

LONG STEPS LEFT AND RIGHT

- 33-34 Step left foot a long step to left side; drag right foot to left foot
Extend right arm out on right diagonal; bring arm in to body as if motioning "come on in."

- 35-36 Step right foot a long step to right side; drag left foot to right

foot

Extend left arm out on left diagonal; bring arm in to body as if motioning "come on in." arm motions are repeated with each long step.

- 37-38 Step left foot a long step to left side; drag right foot to left foot
- 39-40 Step right foot a long step to right side; drag left foot to right foot

WALK FORWARD WITH HITCH, WALK BACKWARD WITH HITCH

- 41-42 Step left foot forward; step right foot forward
- 43-44 Step left foot forward; hitch right knee
- 45-46 Step right foot back; step left foot back

47-48 Step right foot back; hitch left knee

LONG STEPS LEFT AND RIGHT

49-50 Step left foot a long step to left side; drag right foot to left foot

51-52 Step right foot a long step to right side; drag left foot to right foot

53-54 Step left foot a long step to left side; drag right foot to left foot

55-56 Step right foot a long step to right side; drag left foot to right foot

WALK FORWARD WITH HITCH, WALK BACKWARD WITH HITCH

57-58 Step left foot back; step right foot back

59-60 Step left foot back; hitch right knee

61-62 Step right foot forward; step left foot forward

63-64 Step right foot forward; hitch left knee

REPEAT
