

# C'est La Vie

拍数: 64      墙数: 0      级数:  
编舞者: Mabel Thompson (UK)  
音乐: C'est La Vie - Chely Wright



**Position: Holding Hands, both on same foot**

## **HOLD TWICE, WALKS FORWARD & KICKS**

1-4            Step forward on left, hold, step forward on right, hold  
5-8            Walk forward on left, right, left, kick right forward

## **TOE STRUT JAZZ BOX WITH ¼ TURN**

1-4            Step right toe across left foot, drop heel, step back on left toe, drop heel  
5-8            Step right toe to side making a ¼ turn right, drop heel, step left toe beside right, drop heel, OLOD

## **SIDE TOGETHER ¼ TURN, SCUFF, LOCK STEP, ¼ TURN, SCUFF**

1-4            Step right to side, step left to right, step right to side making a ¼ turn right, scuff left, RLOD  
5-8            Step forward on left, lock right behind left, step forward on left making a ¼ turn right, scuff right, ILOD

## **WEAVE, ROLLING GRAPEVINE**

1-4            Step right to side, step left behind right, step right to side, step left over right  
5-8            Step right to side, step left behind right, step right to side, step left over right

**Dancers choice of weave or rolling grapevine on counts 5-8**

## **SIDE HOLD, ROCK, RECOVER TWICE**

1-4            Step right to side, hold, rock left behind right, recover on to right  
5-8            Step left to side, hold, rock right behind left, recover on to left

## **SKATES WITH ¼ TURN, ROCK WITH ½ TURN**

1-4            Making a ¼ turn right skate forward on right, LOD, hold, skate forward on left, hold  
5-8            Rock forward on right, recover on to left, make ½ turn right on right, hold, RLOD

## **SKATES TWICE, HOLDS, STEP TURN STEP**

1-4            Skate forward on left, hold, skate forward on right, hold  
5-8            Step forward on left making ½ turn right, LOD, step forward on left, hold

## **STEPS HOLD TWICE, STEP LOCK**

1-4            Step forward on right, hold, step forward on left, hold  
5-8            Step forward on right, lock left behind right, step forward on right, hold

**REPEAT**

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