

"C" Me

拍数: 32 墙数: 4 级数: Improver
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音乐: Look At Me Now - Sixwire



FORWARD RIGHT, LEFT, IN RIGHT, IN LEFT, FORWARD RIGHT (OUT, OUT, IN, IN, STEP)

1-2 Step right forward (3rd) extending to right side, step left forward (3rd) extending to left side
3&4 Step right next to left (2nd), step left next to right (2nd), step right forward (3rd)

FORWARD LEFT, ½ PIVOT RIGHT, TRIPLE STEP FORWARD (STEP, TURN, TRIPLE-LEFT-RIGHT-LEFT)

1-2 Step forward left (5th), ½ pivot right (weight on right)
3&4 Step left forward (3rd), step together right (close), step left forward (3rd)

FORWARD RIGHT, LEFT, IN RIGHT, IN LEFT, FORWARD RIGHT (OUT, OUT, IN, IN, STEP)

1-2 Step right forward (3rd) and out to right side, step left forward (3rd) and out to left side
3&4 Step right next to left (2nd), step left next to right (2nd), step right forward (2nd)

FORWARD LEFT, ¼ PIVOT RIGHT, TRIPLE STEP FORWARD (STEP, TURN, TRIPLE-LEFT-RIGHT-LEFT)

1-2 Step forward left (5th), ¼ pivot right (weight on right)
3&4 Step left forward (3rd), step together right, step left forward (3rd)

SYNCOPATED RIGHT VINE (SIDE, BEHIND, ROCK, RECOVER, CROSS)

1-2 Step right to right side (2nd), left cross behind (5th)
3&4 Right rock step to right side (2nd), left recover (2nd), cross right over left foot (locked 2nd)

SYNCOPATED LEFT VINE (SIDE, BEHIND, ROCK, RECOVER, CROSS)

1-2 Step left to left side (2nd), right cross behind (5th)
3&4 Left rock step to left side (2nd), right recover (2nd), left crosses over left foot (locked 2nd)

TOUCH RIGHT, CROSS, TOUCH LEFT, CROSS, (TOUCH, CROSS, TOUCH, CROSS)

1-2 Touch right to right side (2nd), cross right (locked 2nd) over left
3-4 Touch left to left side (2nd), cross left (locked 2nd) over right

KICK RIGHT FORWARD, RIGHT BACK, LEFT COASTER STEP (KICK, STEP, COASTER STEP)

5-6 Kick right forward (low kick from knee, pointing the toes), step right back (4th)
7&8 Step left back (4th), step right next to left (4th), step left forward (4th)

REPEAT
