

# Bye, Bye, Bye

COPPERKNOB  
STEPSHEETS

拍数: 0                      墙数: 4                      级数: Intermediate/Advanced  
编舞者: Sherry Palencia (USA) & Marina Palencia (USA)  
音乐: Bye, Bye, Bye - \*NSYNC



## INTRO

There are an optional 4 counts if you start on the vocal "Hey, Hey" is uttered. If you start 4 counts after the vocal begins, skip these 4 counts.

1-2                      Cross right leg in front of left with weight on right foot, unwind half turn and stamp left foot  
3&4                      Shrug shoulders up/down three times

## JUMP OUT & IN, LEAN FORWARD AND STOMP, REVERSE CHARLESTON, BODY ROLLS

Begin after vocal, "bye, bye, bye"

1&                      Jump out, jump in  
2                      Lift extended right leg forward approx. One foot off floor /extend right arm, hand in a fist, with fingers and thumb facing left, parallel to extended right foot.  
&  
3                      Lean forward  
3                      Fall onto right leg  
4                      Stamp left foot beside right foot  
  
5&6                      Rock back on right leg, rock forward on left, step forward on right leg  
7&8                      Rock forward on left leg, rock back on right, step back on left leg  
  
1&2                      Using left foot as a pivot, move right foot ¼ turn to left, rotating hips as you turn  
3-8                      Repeat three more times /you are now facing original wall

## PART A

### SKATE RIGHT, SKATE LEFT, SKATE RIGHT TWICE, KICK TURN ¼ RIGHT, KICK ½ TURN, 2 FORWARD MAMBO STEPS

1&                      Right step side right, tap left foot  
2&                      Left step side left, tap right foot  
3&                      Right step side right, left step next to right  
4&                      Right step side right, left step next to right  
5&                      Left step side left, tap right foot  
6&                      Right step side right, tap left foot  
7&                      Left step side left, right step next to left  
8&                      Left step side left, right step next to left  
9&10                      Kick right foot diagonally left, turn ¼ right, stamp right, stamp left next to right  
11&12                      Kick right toe forward, pivot sharply on ball of right foot ½ to right  
13&14                      Rock forward on left foot, rock back on right, step left foot in place.  
15&16                      Rock back on right foot, rock forward on left, step right foot in place

## PART B

### BOUNCE RIGHT, BOUNCE LEFT, KICK STEP, KICK BALL CHANGE, 2 SIDE ROCKS, JUMP AND TURN

1&2                      Large bouncing step diagonally right with right foot. Close with left foot  
3&4                      Large bouncing step diagonally left with left foot. Close with right foot  
**Both hands are palms up on either side, with elbows bent**  
5-6                      Kick right leg out angled left, with foot pointed up, step right foot in place  
7&8                      Kick left foot straight ahead, step left foot in place, step on right foot  
9&10                      Left foot rocks to left side and returns  
11&12                      Right foot rocks to right side and returns

- 13&14            Jump out, (right foot to right side, left foot to left), jump in, crossing left foot over right, unwind half turn to right
- 15&16            Bend forward with right arm extended to side, bounce heels three times with right hand moving forward directly in front of you on the words, "bye, bye, bye".

**Hand position during bounce: right index finger and thumb form a right angle, with palm down**

### **PART C**

#### **REVERSE CHARLESTON, 2 HIP ROLLS**

- 1&2            Rock back on right leg, rock forward on left, step forward on right leg
- 3&4            Rock forward on left leg, rock back on right, step back on left leg
- 5&6            Using left foot as a pivot, move right foot  $\frac{1}{4}$  to left, rotating hips as you turn
- 7&8            Repeat one more time.

**You have completed  $\frac{1}{2}$  turn.**

### **ENDING**

#### **SKATE RIGHT, SKATE LEFT, BOUNCE BYE BYE BYE, RAISE ARM**

- 1&            Right step side right, tap left foot on "&"
- 2&            Left step side left, tap right foot on "&"
- 3&4            Lean body to right and bounce hand in "bye, bye, bye" position to front three times
- 5&6            Bend elbow and push arm up with fisted hand.

**The Sequence of the dance is:**

#### **INTRO**

#### **PART A TWICE**

#### **PART A AGAIN EXCEPT REPLACE COUNTS 15&16 WITH**

- 15&16            Extend right arm to right side with only thumb and forefinger positioned to form a right angle with palm down, lean body to right and bounce hand to front of body three times to the words, "bye, bye, bye".

#### **PART B TWICE**

#### **PART C**

#### **PART A TWICE**

#### **PART A THROUGH COUNT 10, THEN**

- 11&12            Kick right toe forward, pivot sharply  $\frac{1}{2}$  turn to right, lean body to right and bounce hand to front of body 3x's to the words, "bye, bye, bye" (use same hand position as before.)

#### **PART B TWICE**

#### **PART A FIVE TIMES**

#### **ENDING**

**For a video copy of this dance, send email to [s2step@aol.com](mailto:s2step@aol.com)**

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