

Bye, Bye Blues

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kath MacManamon (AUS)
音乐: Bye Bye - Jo Dee Messina



ROCK FORWARD & BACK, ¾ TURN CHA-CHA

1-2-3&4 Rock forward on right, rock back on left, turning ¾ turn right step in place right-left-right (cha-cha)

PIVOT ½ TURN, FULL TURN

1-2-3-4 Touch left forward, pivot ½ turn right, stepping left-right turn full turn right traveling forward

SHUFFLE, PIVOT ½ TURN

1&2-3-4 Shuffle forward left-right-left, touch right forward, pivot ½ turn left full turn, shuffle
1-2-3&4 Stepping right-left turn full turn left traveling forward, shuffle forward right-left-right

CROSS ROCKS & SIDE SHUFFLES

1-2-3&4 Rock left across right, rock back on right, shuffle to left (left-right-left)
1-2-3&4 Rock right across left, rock back on right, shuffle to right (right-left-right)

CROSS ROCK, ¼ TURN, CROSS FRONT

1-2-3-4 Rock left across right, rock back on right, turn ¼ turn left step left to side, cross right over left

ROCK STEPS, SHUFFLE FRONT

1-2-3&4 Rock left to side, rock right to side, crossing left over right shuffle to right (left-right-left)

½ TURN PIVOTS TWICE

1-2-3-4 Touch right forward, pivot ½ turn left, touch right forward, pivot ½ turn left

LOCK STEPS, ¼ TURN CHA-CHA

1-2-3&4 Step forward right, lock left behind right, twisting ¼ turn right step in place right-left-right (cha-cha)
1-2-3&4 Step forward left, lock right behind left, twisting ¼ turn left step in place left-right-left (cha-cha)

¾ TURN, MONTEREY TURN TWICE

1-2-3-4 Touch right to side, turning ¾ turn right step right next to left, touch left to side, step left next to right
1-2-3-4 Touch right to side, turning ¾ turn right step right next to left, touch left to side, step left next to right

HEEL BALL STEPS TWICE

1&2 Touch right heel forward, step back on right & step forward on left
3&4 Touch right heel forward, step back on right & step forward on left

SIDE SHUFFLE, ¼ TURN

1&2-3-4 Shuffle to right (right-left-right), turning ¼ turn left step in place left-right

CROSS ½ TURNS

1-2-3-4 Cross left behind right, turn ½ turn left, cross right over left, turn ½ turn left

REPEAT

To finish dance do full turn then side shuffle to face front wall, step left-right

