

By Your Side

拍数: 80 墙数: 2 级数: Intermediate
编舞者: Michael Weeks (USA), Betty Robinson & The Lady In Black (UK)
音乐: God Is In This Place - Plus One



RIGHT ROCK, RECOVER, RIGHT LOCK STEP BACK, LEFT ROCK, RECOVER, LEFT LOCK STEP FORWARD

1-2- Rock right forward, recover weight back on left
3&4 Right back, lock, back (stepping back right, left, right)
5-6 Rock left back, recover weight forward onto right
7&8 Forward left lock left (stepping left, right, left)

RIGHT ROCK, RECOVER, 1 ½ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, LEFT LOCK STEP FORWARD

1-2 Rock right forward, recover weight back on left
3&4 On ball of left foot ½ turn right, pivot ½ turn on right stepping left back, pivot ½ turn on left stepping right forward
5-6 Step left forward, pivot ½ turn right
7&8 Forward left lock left (stepping left, right, left)

RIGHT POINT SIDE-TOUCH, RIGHT POINT OUT- IN- OUT, CROSS RIGHT/UNWIND ¾ LEFT, LEFT LOCK LEFT

1-2 Point right toe to right, touch right next to left
3&4 Point right toe to right, touch right next to left, point right toe to right
5-6 Cross right over in front of left, unwind ¾ turn left (weight back on right lifting left heel on completion of turn)
7&8 Forward left lock left stepping left, right, left

SWAY RIGHT - LEFT, RIGHT SIDE CLOSE SIDE, SWAY LEFT - RIGHT, LEFT SIDE CLOSE SIDE

1-2 Step right to right swaying hips to right, sway hips left (figure 8 motion)
3&4 Step right to right, step left next to right, step right to right (right side shuffle)
5-6 Sway hips left, right
7&8 Step left to left step right next to left, step left to left (left side shuffle)

ROCK STEPS, MAMBO ½ TURN LEFT STEPPING RIGHT, LEFT, RIGHT, MAMBO ½ TURN RIGHT, STEPPING LEFT, RIGHT, LEFT

1-2 Rock right forward, recover weight back on left
3-4 Rock right back, recover weight forward on left
5&6 Step right forward, swivel left ½ turn (change weight to left), step forward right (step-turn-step)
7&8 Step left forward, swivel right ½ turn (change weight to right), step forward left (step-turn-step)

ROCK STEPS, MAMBO ½ TURN LEFT STEPPING RIGHT, LEFT, RIGHT, MAMBO ½ TURN RIGHT STEPPING LEFT, RIGHT, LEFT

1-2 Rock right forward, recover weight back on left
3-4 Rock right back, recover weight forward on left
5&6 Step right forward, swivel left ½ turn (change weight to left), step forward right (step-turn-step)
7&8 Step left forward, swivel right ½ turn (change weight to right), step forward left (step-turn-step)

¼ TURN RIGHT, ½ TURN RIGHT, RIGHT COASTER STEP BACK, WALK FORWARD LEFT, RIGHT, LEFT COASTER STEP FORWARD

- 1-2 Step right ¼ turn right, pivot ½ turn on right stepping left back
- 3&4 Step back right, step left next to right, step right forward
- 5-6 Walk forward left, walk forward right
- 7&8 Step left forward, step right next to left, step left back

STEP RIGHT, SLIDE LEFT-RONDE-HITCH-LEFT, LEFT SHUFFLE ¼ TURN LEFT, WALK FORWARD RIGHT, LEFT

- 1-2 Step right a big step right, slide left next to right (no weight)
- 3&4 Point left toe forward sweeping out to left side (circle motion), bring left in to meet right, hitch left
- 5&6 Step left to left, step right next to left, step left ¼ turn left
- 7-8 Walk forward right, walk forward left

SYNCOPATED ROCK HITCH STEP, LEFT MAMBO FORWARD, RIGHT MAMBO BACK, SYNCOPATED ROCK HITCH STEP

- 1&2 Rock right forward, recover weight back on left hitching right knee pointing toe to the floor, step right forward
- 3&4 Step left forward, step right in place, step left back
- 5&6 Step right back, step left in place, step right forward
- 7&8 Rock left forward, recover weight back on right hitching left knee pointing toe to the floor, step left forward

STEP RIGHT, CROSS LEFT, BIG STEP RIGHT, SLIDE-TOUCH LEFT, LEFT SHUFFLE ¼ TURN LEFT WALK FORWARD RIGHT, LEFT

- 1-2 Step right to right side, step left across in front of right
- 3-4 Step big step right, slide left next to right
- 5&6 Step left to left side, step right next to left, step left ¼ turn left
- 7-8 Walk forward right, walk forward left

REPEAT

BRIDGE

There is a very simple 4 count bridge that occurs twice throughout that makes this dance perfectly phrased to the beautiful track by Plus One. The bridge is a simple mambo right, mambo left danced at the end of the first repetition and again on the third repetition after the sways and side shuffles.

MAMBO RIGHT, MAMBO LEFT

- 1&2 Rock right to right side (clicking flingers at shoulder height), recover weight onto left, step right into place (bring hands down to sides)
 - 3&4 Rock left to left side (clicking flingers at shoulder height), recover weight onto right, step left into place (bring hands down to sides)
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