

Buzz Me Blues

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Michele Perron (CAN)
音乐: Buzz Me Blues - Veronica Martell



TRIPLE FORWARD, FORWARD, FORWARD, FORWARD/ROCK, RECOVER/BACK, SIDE-ACROSS-SIDE-BEHIND, TURN

- 1&2 Left triple forward (left forward, right beside left, left forward)
- 3-4 Right step forward; left step forward
- 5& Right rock/step forward; left recover/step back
- 6& Execute ¼ turn right with right step side right; left step across front of right (3:00)
- 7& Right step side right; left step crossed behind right
- 8 Execute ¼ turn right with right step forward (6:00)

FORWARD, TURN, FORWARD, SPIRAL TURN, STUTTER STEPS, FORWARD, TURN

- 1-2 Left step forward; execute ½ turn right with right step forward (12:00)
- 3-4 Left step forward; execute full spiral turn right, keeping weight on left (12:00)
- &-5 Right rock/step forward; left recover/step back
- &-6 Right rock/step back; left recover/step forward
- 7-8 Right step forward; execute ½ turn left with left step forward (6:00)

TRIPLE FORWARD, FORWARD/ROCK, RECOVER/BACK; BACK-ACROSS-BACK-BACK-ACROSS-TURN

- 1&2 Right triple forward (right forward, left lock/step forward & crossed behind right, right forward)
- 3 Left step forward
- 4& Right rock/step forward; left recover/step back
- 5& Right step back diagonal right (face diagonal); left step across front of right (face diagonal)
- 6& Right step back (face center); left step back diagonal left (face diagonal)
- 7-8 Right step across front of left (face diagonal); execute ¼ turn right with left step back (9:00)

COASTER BACK, TOUCH, TURN; COASTER BACK, FORWARD, TURN

- 1&2 Right step back, left step beside right, right step forward
- 3-4 Left toe/ball touch forward; execute ½ turn right, end with weight left (3:00)
- 5&6 Right step back, left step beside right, right step forward
- 7-8 Left step forward; execute ¼ turn right with right step side right (6:00)

CROSSING TRIPLE, SIDE-TOGETHER-ACROSS (SCISSOR STEP), TOUCH-TOGETHER-TOUCH-TOGETHER ACROSS, UNWIND

- 1&2 Left crossing triple (left across front of right, right side, left across front of right)
- 3&4 Right step side right, left step beside right, right step across front of left (scissor step)
- 5& Left toe/touch side left; left step beside right
- 6& Right toe/touch side right; right step beside left
- 7 Left toe/ball across front of right
- 8 Execute ½ unwind turn right, end with weight left (12:00)

HEEL-BALL-CROSS, HEEL-BALL-CROSS, FORWARD-BACK-TURN, CROSS-WALK (2X)

- 1&2 Right heel (dig) diagonal right forward, right step slightly back, left step across front of right
- 3&4 Right heel (dig) diagonal right forward, right step slightly back, left step across front of right
- 5& Right rock/step diagonal right forward, left recover/step back
- 6 Execute ½ turn right with right step forward (6:00)
- 7 Execute ¼ turn right with left step across front of right (cross walk) (9:00)
- 8 Right step across front of left (cross walk)

REPEAT

ENDING

Execute ½ turn right on count 32 and hit a pose
