

Buttons

拍数: 32 墙数: 4 级数: Advanced rumba
编舞者: Yvonne Dunn (UK)
音乐: Buttons - The Pussycat Dolls



SIDE, ROCK & RECOVER, LEFT TRACE, RIGHT TRACE TURN, FULL SPIRAL TURN RIGHT

- 1 Step left foot to the left side (9:00)
- 2 Rock right foot diagonally back (facing 1:30)
- 3 Recover to left foot, touch right foot next to left foot while turning $\frac{1}{4}$ turn to left(10:30)
- 4 Step right foot forward (10:30)
- 5 Touch left foot next to right foot while turning $\frac{1}{4}$ turn to the right (3:00)
- 6 Step left foot forward (3:00)
- 7 Full spiral turn right on left foot (face 3:00)
- 8 Step right foot forward
- 1 Close left foot next to right foot making full turn right (face 3:00)

SPIN TURN, SIDE BREAK SYNCOPATED WEAVE, FULL & $\frac{1}{4}$ SPIRAL, SWIVEL

- 2 Rock right foot to the side (6:00)
- 3 Recover to left foot
- 4 Cross right foot behind left foot
- & Step left foot to the left side (12:00)
- 5 Step right foot over left foot
- 6-7 Make 1 $\frac{1}{4}$ spiral turn left (face 12:00)
- 8 Swivel left foot diagonally left forward (10:30)
- 1 $\frac{1}{4}$ turn right on left foot with weight still on left foot (face 1:30)

TURN, HOP ROLLS, SYNCOPATED ROCK, ROCK STEP, $\frac{1}{2}$ TURN

- 2 Draw right foot next to left foot starting hip roll circling left to right
- 3 Circling hips left to right
- 4 Rock right foot forward (1:30)
- & Recover to left foot
- 5 Close right foot next to left foot, $\frac{1}{8}$ turn left
- 6 Rock left foot forward (face 12:00)
- 7 Recover to right foot
- 8 Step left foot forward, $\frac{1}{2}$ turn right
- 1 Shift weight onto left foot (face 6:00)

HALF TURN, FAN SPIRAL TURN, STEP KICK, PRESS WITH $\frac{1}{4}$ TURN LEFT, HIP ROLL

- 2 Step right foot next to left foot
- 3 Step left foot forward (6:00)
- 4 Step right foot forward
- 5 Make full spiral turn left (face 6:00)
- 6 Step left foot forward
- 7 Kick right foot forward, $\frac{1}{4}$ turn left
- 8 Press right foot to side while rolling hips right (face 3:00)
- & Replace to left foot

REPEAT