

Buttermilk

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sin Grima
音乐: Swingin' - John Anderson



HEEL SPLITS, HEEL SPLITS

Heel splits are known as "Buttermilks" in Australia

- 1-2 With weight on balls of both feet, swivel both heels outward, swivel heels together
- 3-4 With weight on balls of both feet, swivel both heels outward, swivel heels together

RIGHT BRUSH UP

- 1-2 Tap right heel forward at 45 degree angle to right, brush right heel up next to left knee
- 3-4 Tap right heel forward at 45 degree angle to right, step right foot next to left

LEFT BRUSH UP

- 1-2 Tap left heel forward at 45 degree angle to left, brush left heel up next to right knee
- 3-4 Tap left heel forward at 45 degree angle to left, step left foot next to right

HEEL SPLITS, HEEL SPLITS

- 1-2 With weight on balls of both feet, swivel both heels outward, swivel heels together
- 3-4 With weight on balls of both feet, swivel both heels outward, swivel heels together

RIGHT VINE WITH HITCH/CLAP

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, hitch left

LEFT VINE WITH ¼ TURN LEFT AND HITCH/CLAP

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side turning ¼ turn to left, hitch right

RIGHT VINE WITH HITCH/CLAP

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, tap left next to right

LEFT VINE WITH ¼ TURN LEFT AND STOMP

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side turning ¼ turn to left, stomp right next to left

REPEAT
